

## SANDWICHES

### Salami & Mozzarella Sandwich - 12

*locally sourced Italian salami, fresh mozzarella, apricot preserves and wild arugula on ciabatta bread*

### Pesto Aioli Chicken Wrap - 12

*roasted chicken breast, pesto aioli, herb marinated roasted tomatoes and hearts of romaine on tortilla wrap*

## SOUPS

### Bowl of Soup - 12

*choice of daily soup specials - served with bread roll & butter*

## SALADS

### Beet & Goat Cheese Salad - 14

*marinated beets, crumbled Laura Chenel goat cheese, wild arugula, frisee, shaved red onions and toasted pecans with a balsamic vinaigrette - (V/GF)*

### Harvest Chicken Cobb Salad - 13

*hearts of romaine, roasted chicken breast, red seedless grapes, smokey roasted chickpeas, roasted sweet potatoes and shaved parmesan with an herbed ranch dressing - (GF)*

### Shaved Brussels Sprout Salad - 14

*wild arugula, toasted hazelnuts, herb roasted delicata squash, vegan cheese and pomegranate seeds with a sherry vinaigrette - (V/VG/DF/GF)*

## BOWL

### Fall Grain Bowl - 14

*organic brown rice and red quinoa mix, smokey roasted chickpeas, herb roasted delicata squash, baby kale, shredded red cabbage, curry vinaigrette - (V/VG/DF/GF)*

## SIDES

### Waldorf Salad - 5

*diced Fuji apples, celery, seedless red grapes, mayonnaise, lemon juice, cracked black pepper, salt - (V/DF/GF)*

### Greek Pasta Salad - 5

*tri-colored farfalle pasta, sun dried tomato, garlic pesto, pepperoncinis, kalamata olives, diced red onion, grape tomatoes, parsley, red wine vinegar, extra virgin olive oil - (V)*

### Side Garden Salad - 7

*baby kale, shredded carrots, grape tomatoes, bell peppers with balsamic vinaigrette - (V/VG/DF/GF)*

All items are pre-packaged with no substitutions, and prepped in a facility that contains wheat, nuts & dairy.

V - Vegetarian | VG - Vegan | DF - Dairy Free | GF - Gluten Free