

SANDWICHES

Sweet Potato & Cheddar Sandwich - 13
(V/NF)

roasted paprika sweet potatoes, Tillamook aged white cheddar, arugula & cream cheese on ciabatta

Curried Chicken Chicory Wrap - 12
(DF/NF)

curried chicken salad - raisins, granny smith apples & celery - radicchio & hearts of romaine on a tortilla wrap

Black Forest Ham & Muenster Sandwich - 14
(NF)

black forest ham, muenster cheese, little gem lettuce, mayonnaise & whole grain mustard on an organic multigrain seeded bread

SALADS

Spring Farro Salad - 13
(V/NF)

little gems, Italian farro, easter egg radishes, pea shoots, seared halloumi cheese & shaved red onion with a green goddess dressing

Arugula & Asparagus Salad - 13
(VG/DF/GF/NF)

arugula, shaved asparagus, harissa marinated chickpeas, piquillo peppers & za'atar roasted sunflower seeds with a lemon tahini vinaigrette

BBQ Chicken Chopped Salad - 13
(GF/NF)

romaine, shredded chicken breast, pan-roasted corn, toy box tomatoes, Persian cucumbers & red onion with a bbq ranch dressing

SIDES

Pesto Orzo Salad - 5
(V/NF)

basil pesto, capers, kalamata olives, celery, red bell peppers, grape tomatoes, extra virgin olive oil

Mexican Street Corn Salad - 5
(V/GF/NF)

yellow corn, cotija cheese, mayonnaise, cayenne, cilantro, lime

Peanut Noodle Salad - 5
(VG/DF)

vermicelli, peanut butter, sweet chili garlic sauce, lime, cilantro, green onions, toasted sesame seeds

SOUPS

Soups of the Day - 13

choice between two daily soup specials - served with bread roll and butter

All items are pre-packaged with no substitutions.

V - Vegetarian | VG - Vegan | DF - Dairy Free | GF - Gluten Free | NF - Nut Free