PIEDMONT POST

A COMMUNITY NEWSPAPER SERVING THE CITIZENS OF PIEDMONT

City requesting proposals for Project Architect for Community Pool

By Allyson Aleksey

The Piedmont City Council on Monday, July 19, authorized the issuance of a Request for Proposals (RFP) for architectural, engineering and design services for the Piedmont Community Pool Project, the \$19 million bond passed by voters in November last year.

The project has an anticipated completion date of Summer 2024. To stay on track with the project schedule, the issuance of RFPs, which was originally scheduled for August 2, was presented to council members at the most recent city council meeting.

The conceptual plan includes a 3,900 square foot, zero-depth entry Leisure Pool; a 7,700 square foot, 2-story Bathhouse at the eastern end of the property; a reception area, changing rooms, restrooms, concessions, and a 1,200-square foot room for mechanical equipment. The conceptual plan for the second floor includes a restroom for the adjacent tennis courts, 2 multi-purpose rooms, office space and an observation deck overlooking the two pools with views of the Bay.

Proposals will be reviewed by a selection committee established for this purpose. The city is seek-

ing firms with demonstrated experience in sustainable design practices for completed aquatic center projects, similar in size and scope to the Piedmont Community Pool project.

The Project Architect selected will work alongside Project Manager George Sanen of Griffin Structures, and is responsible for providing all materials, management, and professional services necessary to complete the services in a timely manner.

The architect will also be tasked with lighting design, parking design, traffic safety analyses, code compliance, noise control, cost estimating and scheduling, demolition phasing and public outreach and stakeholder design collaboration.

Residents called in at both the City Council meeting, and the first Pool Advisory Committee meeting, concerned over the prospect of a pool that does not guarantee net zero emissions. The RFP includes a Net Zero Energy analysis, if feasible and selected by the city. In the interest of moving forward with the project on schedule, all council members voted to issue the RFP as is.

Proposals are due no later than September 3, 2021.



A photo of the Piedmont Community Pool before it was closed permanently in the Fall of 2020.

City Council approves U. Texas study on PPD calls

By Allyson Aleksey

Piedmont's City Council on July 19 unanimously approved an agreement with the University of Texas in San Antonio that will allow researchers from the University to conduct data for an analysis on Piedmont Police Department calls for service.

The council approved using \$50,000 from the Police Department budget in the current fiscal year for the scope of work. Specifically, data will be collected on the types of calls for service, and the

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frequency of biased-based calls.

The police department currently uses Computer Aided Dispatch (CAD) systems and Record Management Systems (RMS), both of which contain call and event data. This data will be analyzed in order to inform future discussions relative to call responses. Dr. Michael Smith and Dr. Rob Tillyer will lead data analysis research.

"The topic of bias and the types of calls our police officers respond to is a subject which has increased in recent months, as communities across the country are more engaged on issues of equity in general," explained Police Chief Jeremy Bowers. "While the department does appreciate and have a high level of community trust and support, we are seeking this opportunity to examine how police are utilized within the city."

Researchers plan to conduct up to four focus group interviews of neighborhood residents, in order to identify concerns and perceptions regarding suspected offenders in Piedmont. A report detailing the results, including recommendations for community engagement and education, will be produced upon completion.

"The goal is to hear and see, from the researcher's perspective, what the perceptions of the public and community members are, and what role we play when we get these calls," Bowers said.

Nate Redinbo praised by Piedmont city staff

By Allyson Aleksey

CivicSpark Fellow Nate Redinbo will conclude his 11-month employment with the city's Planning Department next week. Members of the City staff and residents thanked him for his various achievements on behalf of Piedmont's Climate Action Plan.

"I'm happy to have made my small, but important mark on this city."

Nate Redinbo
 CivicSpark Fellow

"Despite the difficulties the COVID pandemic posed, Nate persevered and proved to be particularly successful," said Piedmont Planning Director Kevin Jackson.

Redinbo worked directly with Sustainability Program Manager Alyssa Dykman. The two formed the city's sustainability department and worked toward achieving Piedmont's ambitious climate action goals, which includes the reduction of GHG emissions 40% below 2005 levels by 2030, and 80% below those levels by 2050.

"What an incredible asset Nate has been to the city," she exclaimed. "He contributed to a range of climate action projects. Notably, he helped get [the adoption] of Reach Codes across the finish line, and assisted in public engagement and outreach prior to and following its adoption," Dykman said.

In addition, Redinbo was the city's first CivicSpark Fellow to complete both the community and municipal greenhouse gas inventories.

"It's a mighty effort, but Nate was able to complete the analysis seemingly so effortlessly," Dykman said.

During his tenure as Civic-Spark Fellow, Redinbo also maintained a weekly column in the *Piedmont Post*, informing residents on community outreach, climate action projects, and all efforts related to environmental sustainability in Piedmont.

"[Redinbo's] impact has been substantial," stated Mayor Teddy Gray King. "The City of Piedmont is grateful. We have appreciated and benefited from his intelligence and compassion."

Redinbo offered his observations during his final few days with the city.

"I came to Piedmont in the midst of a storied fire season and had no idea what I was in for. But it has been a real honor to work here. I've learned so much," Redinbo said. "This is a great community, full of people who really care. I'm happy to have made my small, but important mark on this city."

Suzanne Hartman will join the city staff as its new CivicSpark Fellow later this summer.



CivicSpark Fellow Nate Redinbo

PINION

Letters to the Editor



Doing the research on "thin blue line"

Editor:

In her recent letter, Ms. Hartsock seeks to excavate the "original meaning" of the "thin blue line" flag. She concludes that it is ultimately a well-intentioned way to honor the local police department, not the emblem of white supremacy that some of her neighbors perceive. This conclusion skirts a more pressing structural question: what does it mean to signal support for the institution of policing in our community? In this respect, I am less concerned with the origins of the flag itself than with the origins of the institution it glorifies.

Historians of colonial America have demonstrated that modern policing has its roots in early eighteenth-century slave patrols charged with catching escaped captives, enforcing plantation discipline, and inflicting terror on those who refused to fall in line with prevailing racial hierarchies. After the Civil War and emancipation, these slave patrols became the institutionalized police forces responsible for enforcing the Black Codes and Jim Crow. At the same time, modern police forces in northern and midwestern urban centers coalesced around a new objective: breaking strikes and crushing union organizing. In this way, American policing evolved to serve the intimately intertwined imperatives of white supremacy and capital, safeguarding the status quo at the expense of the marginalized.

These legacies have continued to reverberate throughout the twentieth century and into our own time. From Stonewall to Standing Rock, Ferguson to Minneapolis, police have inflicted violence and terror upon Black, brown, Indigenous, queer, and trans bodies. For Ms. Hartsock and many Piedmont residents who benefit from white, heterosexual, and cisgender privilege, the police guarantee peace and safety. In marginalized communities, however, the police instill fear, oppression, and destruction. Supporting the police, even symbolically, serves to uphold the same white supremacist systems that gave rise to the institution of policing in the first place. In this context, flying the "thin blue line" sends a clear message: we do not value the lives, safety, and dignity of our neighbors.

-Hannah Pinkham

Ed. Note: Hannah Pinkham is a 2011 graduate of Piedmont High School and currently a PhD Candidate in History at Harvard University.

Piedmont Post news racks at 2 locations

Newsstand copies of the Piedmont Post are available at Mulberry's Market, and Piedmont Shell at Grand & Wildwood Ave. Copies of the paper may be purchased for \$1 at all locations during business hours.

Weekly delivery to homes in Piedmont and online access is available by subscription. Call 510-652-2051 for information. Or go to piedmontpost.org/subscribe.

PIEDMONT POST

1139 Oakland Avenue, Piedmont, CA 94611 Phone: 652-2051 • email: news@piedmontpost.org

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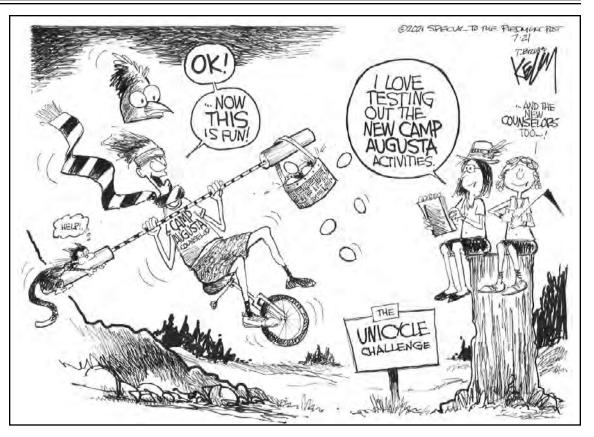
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Religion Corner

The power of touch

By Rev. Jim Hopkins

In the July 18th lectionary reading from the sixth chapter of the Gospel of Mark Jesus teaches us important lessons about rest, popularity, compassion and touch. Though Mark records a story from the public ministry of Jesus in the early part of the first century CE, it is a story that has many connections to our lives today in 2021.

1. Rest is essential. The disciples of Jesus had returned from their first mission. They were excited and tired. They had done good work. They had experienced much. They had learned. Now they were reporting to Jesus. At the same time. large crowds were showing up in the hope of hearing Jesus preach and experience his healing power. Recognizing the stress they were all under, Mark tells us they didn't even have time to eat. Jesus takes the community on a retreat. They go to a secluded place to rest.

tific studies showing how important rest is to our physical and mental well-being. Rest helps us resist disease. Rest makes us less anxious. Rest improves our productivity. Rest makes us nicer people.

We don't know if Jesus knew these things. We do know that sabbath, rest, was an important part of his theology. He believed that God did not intend for human beings to work incessantly. He did believe that God created us to work but also to rest. In this passage of Scripture we see him practicing what he preached.

2. Popularity is overrated. In this passage we see that, for Jesus, attracting large crowds and gaining fame was not his reason for being. In fact, in many ways, crowds, crowd control and crowd management, were more a problem than a blessing. At the very least, as we see Jesus struggling with the problems that fame presents, religious leaders and faith communities need to be cautious about making fame a primary goal, large followings a central objective. These can take on a life of their own that distract from loving God and neighbor.

3. Compassion is often in **short supply.** Mark tells us that Jesus had compassion for the crowd because they were like sheep without a shepherd. One way of interpreting these words is that Jesus had compassion for the people because they were in desperate need of compassion. Their world was not bereft of political powers. There was no shortage of religious leaders. There were

laws aplenty and demands abundant. What was missing was compassion. What was needed was an understanding that their lives mattered, their families counted, their communities were significant.

Compassion is, of course, in short supply in all of the world. There is no lack of platforms to express our opinions. There is a dearth of caring expression, healing words and loving action.

4. Touch can be life-giving. If there is a lesson we have learned from the months of pandemic-caused isolation, this is it. Again, there is good science behind this assertion. Touch, with some moderate pressure applied, can make us hopeful and whole. This is true of caring touch received and caring touch given. Touch is one of those things that makes us fully human.

For Jesus, and those who reached to touch him, this is a most important understanding. Touch connects us to each other. Touch connects us to compassion. Touch connects to the One from whom compassion flows. There is life-giving power in human touch.

Jim Hopkins is Senior Pastor at Lakeshore Avenue Baptist Church, Lakeshore Avenue & Mandana Boulevard in Oakland.

UOTE



"The ultimate camping trip was the Lewis and Clark expedition."

> -Dave Barry b. 1947

American author and humor columnist

How to get news in the *Post*

The *Piedmont Post* welcomes its readers to express their opinions on any topic. Columns in the *Piedmont Post* are exclusive and may not be reprinted without permission.

The *Post* reserves the right to edit any pieces or letters submitted. Opinion pieces should be limited to 400 words, letters to the editor to 200 words.

Photo submissions: Please submit photos at 6 inches in width and at a resolution of 200 dpi in jpeg format.

Do you have some news? Place any photos or stories in the mailbox at 1139 Oakland Ave., or email them to news@piedmontpost.org. It's that easy. (Send us an attachment or cut and paste your text into the body of the email.)

The deadline for submitting news, photos and opinion items is Friday.

Message from Piedmont Teachers' Union

Teachers eye the return to school

By Flint Christensen

Students will soon be excitedly returning to school and teachers are eager to greet them. 2021-22 will see several new faces in the teachers' ranks following an unprecedented year of retirements and departures. One of those was our beloved colleague Gabe Kessler who served faithfully as APT president. While admittedly facing a steep learning curve, I am embracing the opportunity to serve in this role with enthusiasm and tremendous optimism.

This optimism has a solid basis, I assure you. Beyond the challenges of ongoing issues, as well as "fractures" that need to heal from the 2020-21 school year, we can see the students of PUSD, and they are truly amazing. Their relentless pursuit of excellence is inspiring, their graciousness and appreciation is uplifting, and their worthiness of the best we can offer is unquestioned.

APT is heralding three priorities for the coming year. The first of these is **positivity**. Aspirational messages for our students are critical for their mental and emotional wellbeing. The ability to frame problems as opportunities that can be solved rather than barriers that cannot be overcome is paramount. They deserve as much as any generation to believe and experience that the world is a better place because of what they have done.

I am asking my colleagues to renew their focus on being "warm demanders" in the classroom, as research has proven that operating in this quadrant far surpasses all others in affecting positive student outcomes.

I am also lifting up the benefits to them of remaining positive professionals outside the classroom. I have said it before and continue to proclaim that I have the enviable pleasure of working with my heroes. PUSD has some of the finest educators

around. We would also invite the rest of the PUSD community to join us in a renewed pursuit of positivity.

Our second priority is **partnerships**. As teachers, we are the direct provider to our students of the vast majority of their educational experiences. There is nothing more crucial and nothing more rewarding than serving in this sacred role. Ironically, there are few things that can be as isolating. This does not need to be the case.

Our teachers will be prioritizing the building and strengthening of partnerships with their fellow teachers and administrators as well as parents and the entire community. In coaching

Positivity – the ability to frame problems as opportunities that can be solved.

new teachers as they are developing their classroom management, an analogy I frequently use is a game of tug of war. In order to win, the teacher and the student must be pulling together on the same end of the rope.

Similarly, we adults must all be pulling on the same end of the rope in order to win at providing our students the education they deserve. Like our focus on positivity, we invite the entire community to continue to work together forming and strengthening partnerships to serve our students in the very best manner possible.

Our third priority is one many would suspect to see first from APT, that of teacher pay. It is not lost on us that Piedmont goes to extraordinary lengths to subsidize the minimum funding that our district receives per student. Measures G and H and the PEF are but two of many examples of

Piedmont's sacrificial generosity. This reality demands recognition and applause. Thank you, Piedmont, for all that you do.

Another reality that cannot be ignored however is that we are beginning to lose the challenge to attract and retain exceptional faculty that our students absolutely deserve. This has rapidly moved beyond conjecture as we have been told by recruits while declining our offers of employment that the salary was inadequate for living here. This deficiency overshadowed the many other advantages we would bring to their attention, such as our remarkable student body and in the case of PHS, the new state of the art STEAM building. APT is not presenting the case that teacher pay needs to be increased merely from a point of fairness to ourselves. We are sounding the alarm that the teacher shortage has found its way to PUSD and it will not be going away with a turn of luck.

A blind eye mindset, assuming that we cannot afford to raise teacher pay, simply won't work. We need to address the reality that teacher pay must support the exemplary faculty we desire to provide our students, and then work creatively to discover how it can be done. Our students' educational experiences are delivered predominantly through the classroom teacher. Let's assure that these teachers are the very best.

I must give attribution to Cory Smegal for coining the phrase "Three P's for Piedmont", which she did quite off the cuff when I shared them at a recent board meeting. APT welcomes your feedback and suggestions around our Three P's for Piedmont: Positivity, Partnerships and Pay. I anticipate soon having access to the president@aptca.net e-mail address

Flint Christensen is president of the Association of Piedmont Teachers, the teachers' union of Piedmont Unified School District.

National Night Out scheduled for Tuesday, Aug. 3

Piedmont Police to meet residents during annual event

The Piedmont Police Department and Piedmont Fire Department invite all community members to celebrate National Night Out, an annual event on the first Tuesday of August, to bring members of the police and fire closer to residents.

A block party will be hosted on August 3 by residents at the corner of Waldo and Blair Avenue between 5:00 and 8:00 p.m. Other neighborhoods are expected to have small gatherings.

As residents come together with police and fire, it is found to be one of the most effective crime prevention techniques of all – getting to know your neighbors. The event sends a message to criminals that neighborhoods are organized and united in preventing crime.

"So much has changed since our last event two years ago," said Police Chief Jeremy Bowers, "We know the myriad of challenges that face us as a collective, and certainly more challenges lie ahead. As a police department, we know our connection with the community is essential to achieving our highest standards in service."

Residents wishing to partake in the event are welcome to join the public block party at Blair



National Night Out began in 1984 with residents turning on their porch lights and sitting in front of their homes.

Avenue and Waldo Ave. A food truck will have food and beverages available for purchase.

National Night Out brings neighbors together all across the country for the purpose of strengthening police-community partnerships and heightening crime prevention efforts. Over 10,000 communities from all 50 states America will celebrate National Night Out.

To register block party, obtain flyers for your event, and gain more information for National Night Out, contact Officer Nicole Casalnuovo (ncasalnuovo@piedmont.ca.gov) or Captain Chris Monahan (cmonahan@piedmont.ca.gov).

Where in the World are You?

For 22 years, Piedmont residents have made sure their travels are well documented, with photos of family members reading the *Piedmont Post* in far-off places throughout the world, and some nearby.

The *Post* invites families to send us photos still on your camera or in a scrapbook for publication in the Where in the World Are We on the back page of the paper.

Otherwise we are left to ask, "Where in the World Are They?" Send photos as jpg. files to: news@piedmontpost.org, and be sure to include a brief description of the location where the photo was taken.

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The Post has returned to print and is delivering the paper weekly to households throughout the city each Wednesday. For inquiries, call the *Piedmont Post* at 510-652-2051.

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LOCAL ITEMS

Draft of Piedmont Safer Streets Plan now available

By Allyson Aleksey

The Pedestrian and Bicycle Advisory Committee has released a draft "Safer Streets" plan, which is now available for public review. The plan details specific steps to make streets safer for the growing number of people who are walking and bicycling in town.

The committee invites the public to provide input on the draft plan, which can be found at https://www.piedmontsaferstreets.org/documents. Specifically, the committee is seeking community input on recommendations, found in chapter four of the draft, and on prioritization and implementation suggestions, which can be found in chapter five. The deadline for public comments is set for Sunday, August 22. Comments may also be sent directly via email to SaferStreets@piedmont.ca.gov.

Prior to the competition of this draft, the committee and city staff gathered input from residents on the needs and challenges of walking, biking, and traffic safety in Piedmont, which was completed in February. The report summarizes key issues and themes raised by residents, and can also be found on the Safer Streets home page.

The Piedmont Safer Streets Plan final draft will be presented at the virtual meeting of the Pedestrian and Bicycle Advisory Committee on Thursday, July 22, at 5:30 p.m.

For more information, contact Associate Planner Gopika Nair at gnair@piedmont.ca.gov for details and to learn more about the Safer Streets project, visit Piedmont Safer Streets project website.



Photo courtesy of piedmontsaferstreets.org

The committee is seeking community input on its Safer Streets draft plan.

Celebrating 100 years of Scouting in Piedmont



Piedmont's Scout Council BSA is 100 years old and will be celebrating its Centennial throughout the year. Pick up a free yard sign at the council office at 10 Highland Way during business hours and join in the fun.

For more information, call the Scout office at 547-4493. #ScoutMeIn

July 21 – July 25

Wednesday, July 21

6 a.m. June 23 School Board meeting

8:30 a.m. **Piedmont Police Strategic** Plan

9 a.m. July 19 City Council mtg.

1 p.m. **June 2 Park Commission** meeting

2:30 p.m. July 12 Planning **Commission meeting**

5 p.m.

June 15 Housing Advisory **Committee meeting**

7:30 p.m. **Recreation Commission** meeting - Live

Thursday – Sunday, July 22 - 25

6 a.m. June 23 School Board meeting

8:30 a.m. **Piedmont Police Strategic** Plan

9 a.m., 7:30 p.m. July 19 City Council mtg.

1 p.m. **June 2 Park Commission** meeting

2:30 p.m. **July 12 Planning Commission meeting**

5 p.m. **July 21 Recreation Commission meeting**

Due to the COVID 19 emergency, live meetings are being held virtually and NOT at City Hall. Please see the meeting agenda on how to view and participate in the meetings via internet, telephone, and other media.

For more information on future programming, call KCOM at City Hall at 510-420-3083.



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By Campbell Lawson

QUESTION: What are you most excited for as schools and offices open back up?

Asked at Piedmont Park on a sunny Friday afternoon.



LUIS GUTTIEREZ, Requa Place

I'm looking forward to a return to normalcy. I've been working from home since before the pandemic, but it'll be good to have the kids back in school.



RAJIT PRASAD, Estates Drive

I'm looking forward to getting to spend time outside of the house and meeting people in my office. I'm also looking forward to having the house to myself sometimes.



LEILA JACHIMOWICZ, 2nd grade

I'm looking forward to seeing my friends and teachers again. At school, I like to read and write.



ABA KOTHARI, Bell Ave

As more and more masks are coming back, in Los Angeles and now our schools, I don't know if there will really be a return to normal soon.



SOFIA JACKSON, Oakland Ave

I'm most looking forward to concerts and live music coming back. I know it's bad to say because those are probably the worst for spreading covid, but I missed it a lot.



MADELINE BOOTH, 7th grade

I'm most looking forward to more social interaction with my friends. I like to go to Mulberry's with my friends when we hang out after school.



The Question Man asks a prescient question each week at an unannounced location.



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Valerie Lee Ow & Robbin H. Lee, PHS alums

California's Camp Augusta - what makes it so special

By Campbell Lawson

As we stare up at the two campers laughing with joy on the aerial bungee, my tour guide for the hour, who goes by the nickname Squid, tells me that two years ago she quit her regular job to finish out the season at camp. Not many camps in America have counselors so dedicated to their mission that they're willing to spend all their vacation days at camp, much less counselors who will *quit their 9-to-5 job* to continue the year at camp.

Squid came to camp in 2019, but the culture at Camp Augusta that she fell in love with had been created years earlier. Camp Augusta is unique in the U.S., in large part because, while it is a traditional summer residential camp, its philosophy and operating guides are not traditional.

The overriding emotion at camp is joy.

Camp Augusta was established in 1931 for the girls of Piedmont. Edwin and Charlotte Ehmann donated the camp so the young women of Piedmont could have their own summer camp. Originally affiliated with Camp Fire, Camp Augusta became an independent non-profit summer camp in 1993. As it has expanded, Camp Augusta now welcomes girls and boys from age 8 to 16.

And on family camp weekends, there is every age imaginable.

What makes Camp Augusta so special? How can it have such a deep impact on everyone involved, even if they've been there for only one or two weeks?

In 2004, the board of directors of the camp hired Dr. Randall Grayson as its new director. No one calls him Dr. Grayson or even Dr. G. Known to everyone as Randy but with a PhD in psychology and a deep background in camp organization, he set about creating a camp with a culture unlike few others. His thesis studies in developmental, social, and organizational psychology led him to create the Camp Augusta that changes lives today.

He has written a series of books called "Creating Exceptional Camps." After only a short time at Camp Augusta, even visitors can get a glimmer of why it is such an exceptional place – a summer sanctuary of sorts. Grayson's philosophy encourages wonder, awe, and innocence. The mission of camp is "to provide children with a safe, fun-filled



Before washing off, campers rejoice at the end of their weekly oatmeal fight.

experience that will serve as a catalyst for personal growth and an appreciation of the outdoors." Grayson's vision is for campers to be able to return to the innocence and fun of early childhood.

When you visit, after parking your car on a dirt patch in the forest outside Nevada City in the foothills of the Sierra Nevada Mountains, you immediately hear voices far overhead. Voices of joy as kids whiz by on ziplines, or practice climbing silks in techniques borrowed from Cirque du Soleil

No, it's not your average summer camp.

Grayson's philosophy is accomplished through many different aspects of camp. The first and most important aspect for accomplishing this is the complete and total lack of technology available to campers. Without social media, campers can get sweaty and dirty without any fear of their peers judging them – since everyone else at camp is in the same position. There are no video games, so campers connect with others and the environment in a natural way. Campers who back home would spend hours every day on the computer arrive at camp and almost immediately forget that technology exists, even if it is only for a couple

Another principle of camp is "challenge by choice," the theory that campers should never be forced to do an activity unless they are 100% enthusiastic about it

During my day and an overnight at Camp Augusta this summer as a roving reporter, I got to see "challenge by choice" in action many times. At the Giant's Swing, I was interviewing a camper named Carl while his cabinmate, Ismael, went up on the swing. Shouts of "you've got this, Ismael!" came from all around us, and even from up above from the High Zipline. Ismael, however, looked as though he did not, in fact, "got this." Regardless, he continued to go higher and higher on the swing. "Stop!" he cried out when he got about halfway up.

The campers on the ground stepped away from the spindle operating a pulley that was raising him higher. He pulled his rip cord and flew. His mouth opened with silent shock. After a few seconds, he let out a "whoop" and laughed. When he came back down to the ground, he began telling Carl how next time he was going to go even higher.

On his first time on the swing, he did not want to go all the way to the top – 50 feet or so -- and everybody respected that and acknowledged that he still had a great time. He was able to grow because of a challenge by choice.

Finally, Camp Augusta is mainly non-competitive. Campers can get "level" bracelets on many activities, which are given if you meet a certain standard or accomplish certain achievements on activities. However, level bracelets only encourage self-competition. Campers aren't competing with each other when they climb Skyscraper or do riflery, they're just trying to beat their own accomplishments. As a result, campers can develop deeper relationships with their peers, because no one is compet-



Celebrating Dr. Seuss Breakfast Club at camp.



A camper rides on the camp's gravity zip line.

ing to see who is best, or fastest or strongest. Well, maybe fastest to the lunch line.

And did we mention the weekly oatmeal fight? It's a mother's nightmare but a camper's dream.

From my observation the overriding emotion at camp is joy. The culture that Randy has developed at camp is why Camp

Augusta has an 80-90% return rate every year and why counselors love camp just as much as the campers do.

Campbell Lawson is an intern with the Piedmont Post. A former camper at Camp Augusta, she enters her sophomore year at Duke University in the fall as a Journalism major.



An aerial silks performance by campers.



A group sing around a campfire at Camp Augusta.

POSTCARDS FROM CAMP

Letters to home by kids at Camp Augusta

Throughout the summer the *Post* will print a sampling of letters written by kids attending Camp Augusta, Piedmont's residential camp at Lake Vera outside Nevada City in the Sierra foothills. Founded in 1931, the camp remains a vital part of the life of hundreds of children each summer.

For a local view of the summer ritual, residents will see large groups of families waiting each weekend for the arrival of busses with kids returning from camp, and a fresh group ready to head to Camp Augusta for one or two weeks of pure fun.

For more information, see campaugusta.org.



Campers getting ready for their act at Camper Showcase, a talent show.

Dear future campor, I love much stuff I camp augusta! We get to do so home. In one day I do at horge shot a target, and made and le one of my favor; te and le one of my evening programs, we get vico loved the for james, I

Before the evening program campers get into the spirit with the scientists.



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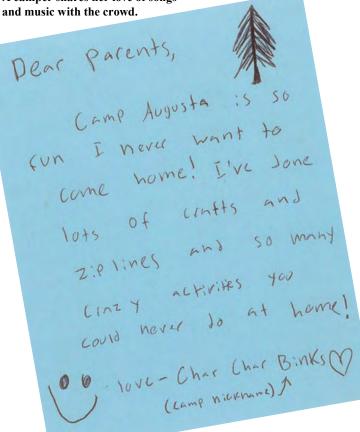
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Fire sword? Yup! A scripted sword fight with an opponent.



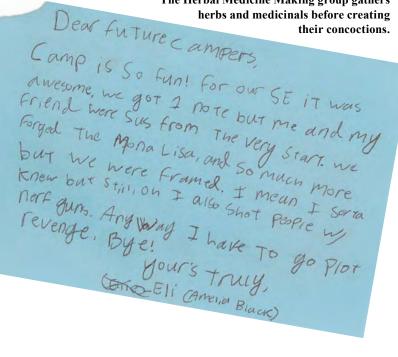
there at camp Augusta high zip for the first

A cabin begins their adventurous nature survival building activity.





The Herbal Medicine Making group gathers herbs and medicinals before creating



Campers capture the "lizard person".

SCHOOLS

Computer science teacher Nathan Mattix retires after 21 years at PHS

By Jay Russell

Nathan Mattix has announced his retirement after 21 years of teaching computer science at Piedmont High School and 31 total years of teaching. Mattix pioneered the computer science department at Piedmont High, transforming it from a subject in which he was the only teacher into the fastest growing and most in-demand department in the dis-

"Nathan Mattix literally built the computer science department. His calm and staid demeanor belied the amazing accomplishment of being such a legendary educator," said PHS faculty colleague Flint Christensen.

Mattix's journey to computer science almost didn't happen. In his senior year of college, after earning his chemistry degree, Mattix took his first computer science course. He enjoyed it so much he had to rethink his career path. After working as a chemist for four years, he found himself unfulfilled, and returned to college for four more years this time to pursue a bachelor's degree in computer science.

"It was definitely worth the effort to go back and fix the mistake I made when I was young by choosing the wrong path," he reminisced.

"I took critical thinking, symbolic logic and problems of logic for my chemistry major and I absolutely loved those classes. Computer programming is nothing more than a logical proof, basically symbolic logic put to practical work. I thought wow, all this work I put into mathematical logic pays off big time in computer programming," he said.

After teaching in Iowa for 10 years, he accepted a position at Piedmont High, teaching five of the six computer science classes being offered. At that time there was no computer science depart-

The early years were a strug-

gle, Mattix confirmed. In 2010 there were only nine students planning to enroll in an AP class, so the section was canceled.

"One of the big changes in my career occurred around 2010. The University of California had some professors that needed teachers to work with them in developing better computer science classes for high schoolers, and I ended up working with them," he said.

The Cal professors aimed to make the subject more interesting, and Mattix agreed that change was needed.

"Students don't care about writing programs that balance checkbooks or determine the area of a pizza. They like visual stuff - graphics and sounds - so we moved towards things like simulations of game shows, or games themselves, or art," Mattix explained.

The curriculum also changed drastically in a philosophical way. Computer classes used to focus on the language of coding, like Java or Python, and the course would just teach that language.

"At Cal they said the language doesn't matter, the language would be dead by the time the student got to use it in real life. What matters is showing students the creative power of computer programming and teaching concepts." Mattix said.

As soon as the two UC Berkeley classes were introduced at PHS, the program took off. The next year PHS went from only nine students interested in an upper division AP class to four full sections of AP Computer Science.

The department has continued to grow, trying to keep pace with the demand in interest by stu-

"Prior to making the changes in 2010 we had one teacher, and five or six sections of computer classes. Today we have 16-18 full sections with 28 students each and four teachers," Mattix said with a smile.



Nathan Mattix has moved to Texas after retiring from teaching computer science in Piedmont.

He leaves with a legacy clearly visible from Magnolia Avenue. Inside the new STEAM building four computer labs were built to keep up with the department's expansion.

In the meantime, Mattix has wasted little time getting started on his retirement. He and his wife Carmelita have already moved to McKinney, Texas near Dallas to be closer to his wife's family. Mattix has sights on eventually moving to the Philippines, where Carmelita grew up. They bought a property in Iligan City and have plans of building a house there.

Although he's not looking for a major project just two weeks into retirement, but Mattix is considering opening a private school in the Philippines. His wife comes from a family of teachers, so Mattix is aware he is likely to return to the classroom in some capacity.

'I haven't ruled out working again," he admitted. "I still love, love, love computer science, and computer programming - and I also really enjoy teaching. I definitely found the path I should be on, and that was teaching computer programming.'

By Jay Russell

Pacific Pinball Museum

1510 Webster Street, Alameda 769-1349

The Pacific Pinball Museum is more than an arcade. It also functions as a must-see museum for art, history and science buffs. It is an interactive museum offering a chronological and historical display of rare "bagatelles" and early games, with more than 90 pinball machines from the 1940's to present day available to play. The museum includes hand painted murals, vintage jukeboxes and rotating exhibits.

Oakland Zoo

9777 Golf Links Rd, Oakland, 632-9525 Oaklandzoo.org

The Oakland Zoo continues to reopen exhibits and attractions that kids will love. The crowd favorite Petting Zoo area is now open for kids to feed goats ice cream cones full of goat kibble. The Children's California Wilds! Playground just reopened too. In the expansive outdoor space, children can slide, spin, soar, and build in the five play zones inspired by the different native habitats of the California Trail animals. The zoo also just introduced a new exhibit "Taking Action Against the Illegal Wildlife Trade," and all the cute or ferocious animals that will have the whole family wow-ed. Advanced ticketing is required.

Lindsay Wildlife Center

1931 First Ave. Walnut Creek, (925) 935-1978

Lindsaywildlife.org

After more than a year, Lindsay Wildlife's Exhibit Hall has reopened. It is a great time to say hello to some of Lindsay's Wildlife 60 animal ambassadors. Lindsay visitors will have a wonderful time meeting the falcons, eagles, owls, and bees. Exhibit hall hours are Wednesday-Sunday, 11 a.m. to 4 p.m. The center also offers outdoor programs like Raptor Recess, the Animal Ambassador, Summer Camps and Wildlife Wiggles (movement-based outdoor program for kids).

Exploratorium

Pier 15 (Embarcadero @ Green) San Francisco (415) 528-4444

Exploratorium.edu

The Exploratorium has finally opened its doors to science-loving guests. Come check out the interactive exhibits that require your participation. You will be amazed at the dozens of exhibits ready for kids and parents alike to discover. Among the center's exhibits are the Aeolian harps, anamorphic benches, the Bacteriopolis, and the chaotic pendulum. The Exploratorium has more exhibits, features and activities than can be seen in one day, so consider a

Wed-Saturday, 10 a.m. to 5 p.m. Thur. (for ages 18+): 6-10 p.m. Sunday, 12 noon to 5 p.m.

Recreation Dept. fall activity guide now available

The Piedmont Recreation Department has released the online publication of their 2021 Fall Activity Guide. The fall guide features programs, classes and events offered from August through December. Resident online registration opens Wednesday, July 28th at 9:00 a.m.

The Department has a robust schedule of activities for the fall, including the return of monthly Movies in the Park. Whether your interests lie in arts, dance, martial arts or sports, there is something for everyone this fall.

Fall Program Session:

August 23-December 19

Session I: August 23–October 10 Session II: October 11-November 21 Session III: November 29-December 19 First Day of Schoolmates & Mini-Mates: August 10

Middle School sports programs begin the week of August 23.

For more information, see: Piedmont.ca.gov/serdepartments/recreation/activity guide



Online registration for Piedmont Recreation Department's fall programs opens August 28.

Try (it) Out Tuesday: rugby and basketball

The Piedmont Recreation Department's new free sports program, Try (it) Out Tuesdays, will continue on July 27 with a focus on rugby and basketball. The evening activities were designed to encourage girls to participate in sports in a fun and supportive environment, with challenges for every level of athlete.

Rugby and Basketball

Linda Beach Playfield Tuesday, July 27, 5:45-7:45 p.m.

Girls ages 5-12 can head to the Linda Beach Playfield for a crash course in rugby and basketball. Try (it) Out Tuesdays is a great opportunity to explore new sports without having to commit to a full season. The session will run from 5:45 to 7:45 p.m. at Linda Beach Playfield. No experience is necessary. Pre-register at: Register.capturepoint.com/reg/cat_program_list_detail.cfm?season id=24069&program id=1485579

To sign up, contact Steven Chavarria at schavarria@piedmont. ca.gov or call the Recreation Department at 420-6223.

SUMMER THOUGHTS

What did we learn from the Apollo program?

By Gerald McKeegan

"One glimpse answered ages of speculation; you could see theories falling all around." These words were spoken by Harvard geologist Clifford Frondel describing his first experience studying rocks brought back from the Moon by the Apollo 11 astronauts in 1969. As we celebrate the 52nd anniversary of the moon landing this July, we hear so much about the achievements of the Apollo program in terms of engineering prowess, political will, and global pride in that "giant leap" of human endeavor.

But what about the science? How much did the Apollo program contribute to science? To our understanding of the origin and structure of the Moon? Or the evolution of our Solar System. Or for that matter, the evolution of the Earth?

The short answer to all of these questions is: a lot.

3 theories that didn't hold up

Prior to the Apollo program, there were three conflicting theories about the origin of the Moon: the fission theory; the co-accretion theory; and the capture theory.

The fission theory was that early in the Solar System's formation, when the Earth was still a hot, molten blob, its rapid rotation caused a portion of its mass to separate, going into orbit around the proto-Earth and eventually

becoming the Moon.

The co-accretion theory was that the Earth and the Moon formed separately but close together, in the same part of the pre-solar cloud of gas and dust orbiting the early Sun.

The capture theory was that the Earth and the Moon formed in separate regions of the Solar System but migrated together due to the gravitational evolution of planet orbits.

None of these theories survived the Apollo program.

Within a few years after Apollo, as scientists studied those Moon rocks and recognized their remarkable similarity to rocks on Earth, a completely new theory emerged for how the Moon formed and how it related to the Earth.

Moon was always part of Earth

Scientists now agree that the Moon formed as the result of a collision between the early Earth and a smaller proto-planet we now call 'Theia.' That collision broke away a large portion of the Earth's outer layers, which mixed with the pulverized remnants of Theia. Much of that material fell back onto the Earth, but some of it remained in orbit and eventually coalesced into the Moon.

There are many such examples of the science that came out of the Apollo program, and there's more on the way. A large percentage of the 842 pounds



There is a lot to learn about science from studying moon rocks.

of Apollo lunar rocks are still sealed in vaults, not yet subject to scientific examination.

So the next time you hear someone claim that the Apollo program was all about politics and beating the Russians, you might want to talk to a scientist – especially one of those who has made a career out of studying lunar rocks, and who wishes we would go get more.

Gerald McKeegan is an astronomer at Chabot Space and Science Center, located at 10000 Skyline Blvd., in Oakland. Visit https://chabotspace.org/ to see





July 20 marks the 52nd anniversary of the moon landing by U.S. astronauts Neil Armstrong, Buzz Aldrin, and Michael Collins.





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EXCERPTS FROM THE PIEDMONT POLICE DEPARTMENT LOG

July 9 - July 16

This Week by the Numbers

- 2 Hit and Run accidents2 Stolen cars recovered
- 2 Residential burglaries
- 5 Auto burglaries
- 8 Automatic license plate readers triggered by stolen vehicles or plates

Friday, July 9

8:03 p.m. Moraga Ave. **Auto Burglaries.** 2 vehicles broken into, paperwork and garage door opener stolen.

Saturday, July 10

4:17 p.m. Linda Ave. Pedestrian crossing Sunnyside at Oakland Ave complains of white Porsche speeding on Oakland Ave and then veering towards pedestrian.

Sunday, July 11

2:08 a.m. Oakland Ave. ALPR triggered by car with two license plates stolen from San Pablo.

11:14 a.m. Blair Ave. Dog bites resident on the hand, then bites another dog walker. Dog put in quarantine.

3:31 p.m. Cambridge Way. Report of man going door to door asking for a screwdriver. Officer locates and interviews suspect, who is released. Suspect enters a black Toyota Corolla, which officers determined to be stolen out of San Francisco. Suspect does not pull over and flees at high speed via Grand Ave.

Monday, July 12

11:23 a.m. Park Blvd. **ALPR** triggered by white 1998 Dodge motorhome.

9:46 p.m. Ronada Ave. Report of man walking in middle of street looking around a lot.

Tuesday, July 13

10:02 a.m. Grand Ave. ALPR triggered by unidentified vehicle with 2 stolen plates.

11:49 a.m. Linda Ave. **ALPR** triggered by a stolen carjacked grey 2003 Honda Odyssey out of Oakland. Driver pulled over, and determined to be registered owner.

12:19 p.m. Ramona Ave. **Auto Burglary.** Keys to red 2019 Chevy Colorado stolen from inside vehicle; no damage to car.

2:47 p.m. Park Blvd. **Residential Theft.** Package stolen off front porch. Coach handbag worth \$400 stolen.

5:44 p.m. Oakland Ave. Complaint of older model grey Chevy doing doughnuts in roadway.

8:48 p.m. Oakland Ave. ALPR triggered by car will stolen license plate. Search reveals another stolen plate in car. Car impounded for expired registration. Suspect cited and released.

10:46 p.m. Wildwood Ave. Attempted Auto Burglary. Suspect in older grey sedan tries to break into white van. Suspect flees scene; no loss or damage.

Wednesday, July 14

12:31 a.m. WIldwood Ave. Report of someone knocking on front door and running off.

3:02 a.m. Winsor Ave. Auto Recovery. Officer tries to pull over black 2008 Nissan Maxima for expired registration, but car flees. Officer later finds car unoccupied on Lakeshore; car towed.

4:07 a.m. Wildwood Ave. Large tree limb falls onto telephone lines. Public Works removes limb.

Public Works removes limb. 7:54 a.m. Hampton Ave. Auto Burglary. Bucket of tools stolen

from back of truck. 10:48 a.m. Harvard Rd. Auto Burglary Unlocked car rifled through, no major loss.

12:35 p.m. Oakland Ave. **ALPR** triggered by black 2014 Hyundai Flantra

report of ice cream truck music being too loud.
7:20 p.m. Sotelo Ave. Hit & Run.

1:27 p.m. Highland Ave. Another

Grey sedan damages side mirror on car.

7:33 p.m. St. James Dr. **ALPR** triggered by 2018 silver Honda Accord stolen from Santa Clara.

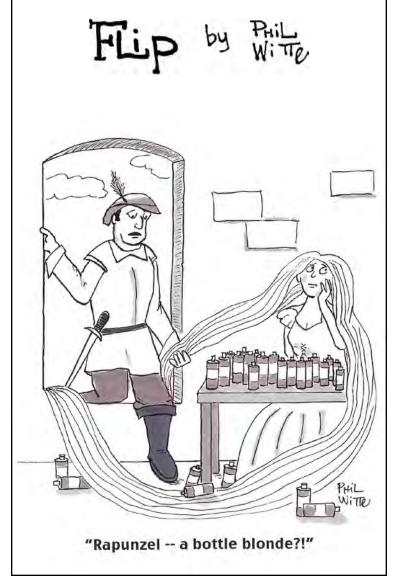
See PPD Blue on page 30

PICK OF THE WEEK

• Honey, I'm stuck, but I'll be home in a while.

Wednesday, July 13

4:22 p.m. Dudley Ave. Report of grey cat stuck in fence. Officer finds the cat, which appears to be heading home.



AMERICANS IN PARIS

Macron turns up the heat to fight Covid's Delta

By Patricia Forsyth

N° 38 in a biweekly series

Last week during the French national holiday, what Americans call Bastille Day, the Macron government lit the wick for explosive turmoil by vaccine deniers opposed to bold, much stronger measures and dire consequences if ignored, as the virulent Delta variant threatens a fourth Covid wave.

Protests erupted across France with thousands opposed to stepped-up vaccination. Stringent penalties, especially against noncompliant businesses, are being renegotiated, but the big idea is to move *fast* to build herd immunity. Public hospital ICUs severely wracked by Covid-19 are at risk, and Macron is blamed for all of it:

last year's slow vaccine response, shortages; the ICUs, and the *gettough* vaccine drive, during a very bumpy week.

Independence Day for the French is July 14, but this year was a muted affair. La Fête Nationale's traditional parade was canceled, and for that matter, so were the onlookers. The ceremony was closed to the public. President Macron rode gallantly and stood in an open-top military jeep for La Marseillaise, as the convoy rolled slowly onto Place de La Concorde. But, before the air force jets were queued for a flyover trailing tri-color airstreams, a homemade banner held aloft by a bouquet of helium balloons drifted over la Place, just out-of-reach of security guards. It was inscribed, "Behind the tributes, Macron is asphyxiating the



President Macron stands during the French national anthem prior to the military jeep slowly moving onto the Place de la Concorde.

hospitals."

Hospital protesters made noise for months about extreme shortages of medical staff, beds, and ICU equipment. Against this volatile backdrop, the festivities' theme this year, like last year's, was an homage to the *lifesavers:* healthcare workers, postal and delivery workers, cashiers at the front of Covid-19 conflict. Unlike last year's patriotic day of remembrances, prayers for a vaccine miracle, and grateful nightly applause for nurses and doctors, this year was nothing like that.

Hospital workers are, undisputedly, the backbone in the Covid war. Hours are long and debilitating, and the prospect of a fourth surge is terrifying. The public awoke to protesters pleas about an under-resourced, overdrawn system that was once the envy of the world. Astonishing lapses in critical care occurred, when the jobs of medical workers downed by the virus fell to attrition. The shortages proved crippling. Employment hemorrhaged as workers relocated or joined the private sector. The long simmering wage-demands boiled over, and while Macron has long praised medical workers as "heroes in white coats," protesters bitterly challenged his sincerity.

Last week Macron pressed

negotiators to settle the wage dispute, a wise, if belated move, since healthcare was being fêted, an irony not lost on political detractors. Hospital workers who had taken to the streets with "Give Us Money, Not Just Medals," settled for a raise equivalent to \$225/month.

At La Fete, soldiers in formation passed in review before the 2,500 seated guests dressed in a sea of white, doctors in lab coats among them, to show solidarity with honored workers. Special envoys from Germany, Switzerland, Luxembourg, were formally thanked for accepting critical patients when France was overwhelmed. France's ICUs, especially in Paris, ran at 150% capacity or more, for nearly a year until the knotty vaccine distribution problems were untangled. France stands today at 44% fully vaccinated, and the healthcare drain has pushed deficit spending to a "whopping" 9.4% of GDP. Macron's political party, La République En Marche is running for reelection in 2022.

Macron's prepared remarks at La Fête about "resiliency" and the nation's successes against the pandemic, fell flat. Following his speech, he sat for a televised interview and somewhat walkedback his remarks about victory over Covid. Acknowledging the initial shortcomings in fighting the pandemic, he added "We were far from being the worst."

Macron admitted his surprise to discover that French medical workers' salaries were among the lowest in the western world. He characterized the country's vaccine divisions as people "gripped by fear, negativity, and a crisis of confidence" in [trusting] the national government. The French anti-vaxxers have historically been branded as a formidable obstacle, but Antoine Flahault, a University of Geneva epidemiologist who studies why people oppose vaccines, states that "only a very small French population, less than about 3.5% are true anti-vaxxers where nothing will change their minds." A public poll in late April showed French anti-vax sentiment as about 20%. Per Macron, the vaccines are working, supplies are abundant, and the shots need to get into people's arms before the new variant outpaces the status quo.

A very different Fête at Bastille

Across town in Eastern Paris at Place de la Bastille on the day of *La Fête*, mostly peaceful demonstrators hailed the hospital workers. They alternately sang songs of praise and hurled protests. Mostly a working-class neighborhood, people were still angry over the bare-bones wage increase. At the adjacent *people's* Bastille Opera, the giant digital billboard celebrated the heroes by streaming portraits of nurses and doctors by street-artist JR.

The Bastille, built in the 14th century as a fort by the reign of King Louis XVI, had been used solely as a prison and was sacked *See Americans in Paris on page 11*

piedmontbsa.org



A bouquet of helium balloons held aloft with a protest sign reading, "Behind the praises, Macron is asphyxiating the hospitals."

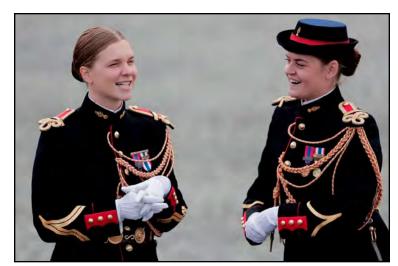


Military in formation for "La Fête" and to honor invited guests.



Piedmont *Scout* Council, BSA celebrates 100 years of being prepared!

AMERICANS IN PARIS



Two soldiers "at ease" at the festivities of July 14.

Continued from page 10

by a rebel mob on July 14, 1789. The insurrection marked the start of the French Revolution. The French do not refer to the holiday as Bastille Day, though it's understandable that Americans do. The French say *le quatorze Juillet*, or *Vive le quatorze Juillet*, or *la Fête Nationale*.

Macron ups the ante on vaccinations

President Macron tightened the Covid rules acting on the French health ministry advisory that predicts a frightening late-summer Covid spike. Macron told the nation, "I solemnly appeal to all our unvaccinated compatriots," he exhorted in French, "Nine million doses are waiting for you...so get vaccinated! It's the only way to protect yourselves and to protect others."

The Bastille cajolers were enjoined by a larger, much angrier crowd that escalated to vandalism in clashes with riot police. By Saturday, tens of thousands formed opposition to Macron's edict. Hospital woes are fading from people's minds, but if cases spike dangerously and ICU capacity explodes, the panic returns. Pass Sanitaire is solidly backed by the French Health Minister Olivier Véran: "the highly contagious Delta variant is spreading fast, immunizations had declined, and vaccinations need to go fast" to reach 80% of adults and herd immunity. Macron applies the stick, not the carrot, to get vaccinated *now* and compel anti-vaxxers to give up.

An unvaccinated person may be refused entry to a café or restaurant after August 1, without a health pass showing *fully vaccinated*, or a current PCR negative test. Health workers must get vaccinated by September 15 or may lose their jobs. That applies to any employee working in retirement homes and with vulnerable people.

Vaccine-deniers were outraged. Predictably their negativity magnified the furor of those who had, so far, ducked the vaccinations. Storming the Bastille, the enraged anti-vaxxers, some armed with smoke bombs, battled the police, who greeted them with tear gas. The protest scene is repeating itself all over France. Far right leader Marine Le Pen called the new Covid rules "a serious deterioration of individual freedoms" and "an abuse of power." A parliamentary deputy of the conservative party Les Républicains invoked the specter that "extensive use of the health pass amounts to de facto compulsory vaccination of the entire population."

According to *EU Today*, two vaccination centers were ransacked, one last Friday was intentionally flooded in a village near Grenoble, and the other, an arson



A healthcare protester's sign: "The core nerve of the battle is the [money] not just the medals."



Thousands of protesters gathered at the Bastille, angered by Macron's stringent new mandate on vaccinations and a health pass.



Always the photogenic subject, the Eiffel Tower is alight in bursts of color matching France's tri-color flag.



The blue, white, and red airstreams by ace pilots, Patrouille de France in a flyover.

attack targeted a village clinic near Biarritz. Anti-vaccine graffiti left behind accuses the government of "violating their freedoms." On Saturday, according to *France24*, 137 rallies attracted more than 114,000 protesters angry about *Pass Sanitaire*. Libertarians' complaint is that blocking access to public venues is "an infringement of their basic rights."

Popular conspiracy theories accuse labs, drug makers, health clinics, or doctors of money-making schemes; vaccines are ineffective, or dangerous; its spread is overblown; the infected people tally is fiction; Covid death-counts ignore peoples' other diseases; RNA modifies genetic code; and vaccinated people die of Covid.

The French population, said *The Irish Times* may "be weary of curfews and lockdowns and now appears willing to accept constraints in exchange for a degree of normalcy." In a show of *wokeness*, within hours of Macron's speech, 1.3 million people booked shots on Doctolib.com, a vaccination appointment website. The French legislature votes this week on the vaccine edict.

Under current new rules, to attend a venue hosting 50 or more people, a club, theater, cinema, or sporting event will require a *Pass Sanitaire*. By August 1st, the unvaccinated may be denied entry to bars, restaurants including outdoor terraces, cinemas, malls, and trains, buses, and planes for long-distance travel. Metro and RER commuter trains are excluded.

Macron has drawn the line

in the sand. The enemy is the Delta variant, and Covid must be brought to heel.

Patricia Forsyth and Michael Mathews moved to Paris in September 2019 and following fifteen months of closures due to Covid-19 are enjoying the Paris we both love. Americans are now traveling to France and Europe. Be sure to bring your vaccination certificate. Send comments to pkf.empower@gmail.com.



Rioters angry about vaccination and looking to do damage at the Bastille on July 14.



Police officers dealing with the aftermath of vandals toppling trash containers and setting fires at the Bastille.

SPORTS

Tokyo Olympics, one year late, opens July 23

TOKYO 2020



The 2020 Olympic Games from Tokyo returns after a year-long suspension.

By Jonathan Comeaux

After a yearlong postponement due to the global pandemic, the Olympic Games, scheduled for summer 2020 in Tokyo, will have its opening ceremony this Friday, July 23.

Soccer and softball have jumped the gun, with competition today and tomorrow, Wednesday and Thursday, July 21 and 22.

The Summer Olympic Games was created in 1896 with 42 events. In 2016 in Rio de Janeiro, Brazil, the tournament expanded to 306 total events.

For American fans, here's a guide of events to watch.

Women's Gymnastics

U.S. women's gymnastics goes from July 24 to August 3. It may come as a surprise to some that gymnastics is the highest-rated Olympic sport broadcast in the U.S. American gymnast Simone Biles is the defending champion in the Individual All-Around, vault, and floor exercise events, and is expected to dominate

The U.S. Women's team has won five consecutive Gold Medals in the Individual All-Around category, with Biles in Gold and Aly Raisman in Silver in 2016.

The last country to win the top three spots was the Soviet Union in 1960.

Biles leads a 6-member team with Suni Lee, Jordan Chiles, Grace McCallum, MyKayla Skinner, and Jade Carey. The U.S. is seeking its third consecutive Team-All Around Gold Medal.

The women's team final is on July 27; women's individual allaround finals on July 29; women's vault and uneven bars on Aug. 1; women's floor exercise Aug. 2; and balance beam on Aug. 3.

Where to watch: NBC Sports, NBC Olympics, Peacock streaming service.

Swimming

The Olympics will have swim meets each day from July 24 until August 4 – 10 days of swimming in 17 events. July 24 starts with finals for the men's 400 individual medley and 400 free, and women's finals in the 400 IM and 4x100 freestyle relays. The following day provides four more championship meets; men's 100 breast and 4x100 freestyle relay, women swim the 100 fly and 400 free

July 26 will feature the men's 200 free and 100 back; women



August 6: Women's 20K walk,

August 7: Women's high

The most popular events, 100

javelin throw, 400m run, 1500,

and 4x100 relay. Men's events are

jump, 10K run, and 4x400 relay,

also men's javelin, 1,500m, 4x400

and 200 meter sprints, will have a

new champion as 3-time Olympic

champion Usain Bolt is no longer

competing. U.S. sprinter Noah

Lyles is the favorite from the

states, while 17-year old Erriyon

Knighton recently broke Bolt's

record in the 200 meters in 19.84.

Richardson's suspension after

testing positive for marijuana

opens the door for Jamaica to

win its fourth consecutive 100

meter dash and Shelly-Ann Fra-

ser-Pryce, nicknamed Mommy

Rocket, to possibly become the

first woman to win three Gold

For the women, Sha'Carri

the 5,000, and 4x100 relay.

relay, and the marathon.

U.S. gymnast Simone Biles is expected to dominate this year's Olympic Games.

have the 100 back and 100 breast finals. On July 27 it will be the men's 4x200 relay and 200 breast, and women's 200 free and 200 IM.

Day 6, July 28 includes the men's 200 free and 100 back, and the women's 100 back and 100 breast. Day 7 has men's 200 back and 200 IM, women race the 200 breast and 100 free.

July 30 includes the men's 100 fly, women's 200 back and 800 free, and mixed 4x100 relays. On July 31 it will be the men's 50 free, 1500 free, a new event, 4x100 medley relay, and women's 50 free and 4x100 relay. The final two days, August 3-4, are respectively women's and men's 10 km open-water swims.

The women's 4x100 relay will be a battle between the U.S. and Australia after the Aussies won Gold in 2016 by 1.2 seconds.

The U.S. men are the defending champions in every relay race; the 4x100 medley and free, and 4x200 free.

Katie Ledecky, a Stanford alum, is the defending champion in the 200, 400 and 800 freestyles. The U.S. women are also the defending champs in the 200 back, 100 breast, 4x200 and 4x100.

Where to watch: NBC Sports, NBC Olympics, Peacock streaming service.

Track and Field

Track will have 10 straight days of championship meets from July 30 to August 7.

July 30's opening day has the men's 10,000 meters, and July 31 has finals for the men's discus, mixed 4x100 relay, women's 100 meter dash, men's long jump, and women's shot put.

August 1: Finals of men's high jump, men and women's triple jump, men's 100 meter dash, men and women's long jump, and women's 400 meter.

August 2: Women's discus, 5,000 meter run, and long jump, and men's 400 meter and 3,000m steeplechase.

August 3: Finals in men's pole vault, and women's hammer throw, 800 meter and 200 meter.

August 4: Women's 3,000 meter steeplechase, 200 meter heptathlon; men's 800, 200, triple jump, 110 hurdles, and shot put.

August 5: Men's 20K and 50K walks, 400 meter, decathlon,

women's pole vault, and heptath- Medals in the 100 meters.

Fraser-Pryce won gold in the 100 at the 2008 Olympics in Beijing, earned gold in the 100 and silver in the 200 at the 2012 London games, and bronze in the 100 in 2016.

Where to watch: CNBC, NBC Olympics.

Basketball

The men's and women's basketball tournaments go from July 25 to August 8.

The U.S. men will seek a fourth consecutive title and 16th overall. The women, meanwhile, have won six straight Gold Medals and try for their ninth overall.

Men's Group A games are: France on July 25, Iran on July 27, and the Czech Republic on July 31. Quarterfinals are August 2-3; Semifinals August 4-5, and a Gold Medal game on August 6.

Women's Group B games are: Nigeria on July 26, Japan on July See Olympic Preview on page 13



 $U.S.\ swimmer\ Caeleb\ Dressel\ will\ lead\ the\ U.S.\ 4x100\ relay\ team.$



Stanford alum Katie Ledecky is the defending champion in the 200, 400 and 800 freestyles from the 2016 Rio Games, and could set new records for total Olympic medals.



Noah Lyles is the leading U.S. sprinter in the 100 and 200 meters.



Shelly-Ann Fraser-Pryce of Jamaica has the opportunity to win three gold medals.

Olympic Preview

Continued from page 12

29, and France on August. 1. Quarterfinals are August. 3-4, with semifinals on August 5-6, and finals on August 7.

The U.S. can't afford being overconfident, as the field against them has grown stronger.

The U.S. recently lost an exhibition game 90-87 to Nigeria on July 10 and fell 91-83 to Australia two days later. On July 18, they defeated Spain 83-76.

Where to watch: CNBC, NBC Sports, NBC Olympics, Peacock streaming service.

Diving

Diving events take place from July 24 to August 7, starting with the women's synchronized 3m springboard final, men's synchronized 10m springboard on July 25, women's synchronized 10m final on July 26, and men's synchronized 3m on July 27.

July 31 features the women's 3m springboard final, followed by the men's 3m springboard final on August 2.

Women's 10m platform diving is August 3-4; the men's 10m diving is August 5-6.

China's women are the threetime reigning champion on the 10m platform, and China's Chen Aisen is the defending.

Where to watch: CNBC, NBC Sports, NBC Olympics.

Soccer

Diving takes on a different meaning in soccer.

The U.S. women come in with their eyes on the prize after losing in the quarterfinals of the 2016 Rio Olympics to Sweden. The U.S. won gold medals in 1996, 2004, 2008, and 2012.

The U.S. women headline Group G, playing Sweden on July 21, New Zealand on July 24, and Australia on July 27. The quarterfinals air on July 30, semifinals on August 2, and finals on August 5.

Where to watch: NBC Sports, NBC Olympics, Peacock streaming service, Telemundo.

Rowing

Rowing starts on the opening day of the Olympics, July 23, with championship events July 26-29. The July 26 finals include the men's and women's quadruple sculls. July 27 has four medal boats, the men's and women's double sculls and men's and



Basketball competition starts on July 25 with games through August 8.

women's four.

July 28 features men's and women's lightweight double sculls and men's and women's pair. July 29 has men's and women's single sculls, and the men's and women's coxed eight.

The eight is the marquee event for the U.S. women's rowing team. Three-time champions and the defending champion from 2016. The U.S. men haven't produced a winning boat since their eight-crew in 2002.

Where to watch: NBC Sports, NBC Olympics, USA.

Softball & Baseball

Softball and baseball returns to the Olympic Games for the first time since 2008. The sport won't be included in the 2024 Olympics in Paris but is reportedly set to return for 2028 in Los Angeles.

The women's softball team will take prominence for the U.S. because Major League Baseball restricted its players from competing. Japan is expected to dom-



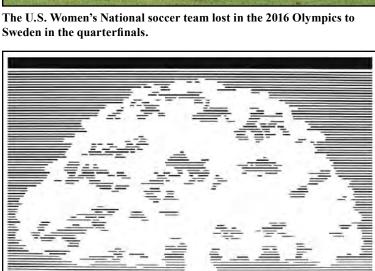
China's Chen Aisen is the defending Gold Medal winner in 10-meter diving.

inate the baseball ladder with its Nippon Professional Baseball league postponing play for the duration of the Olympics.

Softball could prove to be tight competition with U.S.-born athletes competing on many other See Olympic Preview on page 30



Sweden in the quarterfinals.



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The U.S. women's eight boat has won three consecutive gold medals in Rowing at the Olympic Games.



Softball returns to the Olympic Games for the first time since 2008.

TOUR DE FRANCE

Slovenia's Tadej Pogacar wins second consecutive Tour de France

Cavendish's career 34 stage wins ties Merckx

By Jonathan Comeaux

The 2021 Tour de France has now concluded with Slovenia's Tadej Pogacar winning his second consecutive Yellow Jersey, finishing as the top cyclist in General Classification with a 5:20 minute lead over Denmark's Jonas Vindegaard (Jumbo-Visma).

Pgacar won Stage 8 and never looked back.

Pogacar, only 22 years old, has been the sensation of the cycling world, earning back-to-back White Jerseys as best young cyclist at the Tour, and adding the Polka dot Jersey this year as the best mountain rider. He's the youngest riders to ever win consecutive Grand Tours.

"It is just crazy here on the Champs Elysées, coming in the yellow again with an incredible team. We enjoyed today and now it's time for celebration. We will have a good time and that counts as a celebration. The start of the stage was nice, taking it easy. We enjoyed chatting with each other. Then we came here on the cobbles and it was full-gas racing again, like every day. I cannot express my feelings of how happy I am. With the people I have around... it's another level. I will remain motivated in the coming years, but what come next will come next... I'm not stressed about it. It's quite different. Last year, I felt strong,



Photo courtesy of NY Times

Slovenia's Tadej Pogacar won the Tour de France, claiming the Yellow Jersey, White Jersey, and Polka dot Jersey.

incredible emotions. This year I'm again here, standing atop the podium, but the feelings are quite different," said Pogacar.

The UAE Emirates rider ascended up the board when winning the Stage 5 time trial and jumped from No. 6 to No. 2. But by Stage 7 the next day, he had fallen behind the leader by three minutes and one second.

Then came Stage 8, when he ate up the 3-minute deficit with a thrilling attack with 30 kilometers remaining in the mountain course to take over the general classification. His lead came while six minutes behind the

main breakaway pack, ending the ride to La Grand-Bornand with a one minute, 48 second lead over Belgium's Wout van Aert (Jumbo-Visma).

The Slovenian extended his advantage in Stage 9's mountain course from Cluses to Tignes to 2:01 over Australia's Ben O'Connor (A2GR Citroen). He solidified the Yellow Jersey by winning back-to-back mountain courses in the Pyrenees in Stage 17, up Col du Portet and Stage 18 to Luz Ardiden, extending his lead over Vindegaard to 5 minutes, 45 seconds.

See <u>Tour de France</u> on page 30

CONCACAF Gold Cup

U.S. Men face Jamaica in Gold Cup quarterfinals

By Jonathan Comeaux

The United States men's soccer team faces its CONCACAF rivals Jamaica in the quarterfinals of the 2021 Gold Cup on Sunday, July 25 at AT&T Stadium in Dallas.

The Stars and Stripes will be the favorites after narrowly defeating Canada 1-0 on July 18 to claim the top spot in Group B. They earlier beat Martinique 6-1 on July 15.

The team recently called up San Jose Earthquakes 17-year-old forward Cade Cowell to the 23-man roster after striker Daryl Dike suffered an injury. Cowell will likely fit in as the third or fourth striker behind Gyasi Zardes and Matthew Hoppe, while Nicholas Gioachinni has proven he can line up centrally in the attack.

Against Jamaica, the U.S. will have to find a way to slow down the Reggae Boyz' speed down the flank from Leon Bailey and other wingers. Jamaica has reached three consecutive Gold Cup semifinals. In a 1-0 loss to Costa Rica on Tuesday, July 20, Jamaica seemed to fall asleep when defending crosses into the penalty area. Even without Dike, the U.S. should find its chances.

The U.S. and Jamaica play Sunday, July 25 at 6:30 p.m. *Post's Prediction: U.S. wins*

Group A's winner, Mexico,

turned in an intense 1-0 win over



Photo courtesy of SBIsoccer.com
With striker Daryl Dike suffering
an injury, players like Matthew
Hoppe could get a jump in his
role. The U.S. Men's National
Soccer team plays Jamaica on
Sunday, July 25.

El Salvador to claim the group stage and are set to play Honduras. Mexico's pressing style should prove too much for Honduras. Get "Cielito Lindo" ready on Spotify.

They play Saturday, July 24 at 7:00 p.m.

Post's Prediction: Mexico wins 2-0

Group C winners Costa Rica upset Jamaica 1-0 on Tuesday, despite being down a man with a red card in the 72nd minute and having only one shot on target on the night. Costa Rica plays Can-

See <u>Gold Cup</u> on page 30



Photo courtesy of CyclingNews.com

Mark Cavendish, who has 34 career stage wins at the Tour de France, talks with the record holder, Eddie Merckx (right).



Photo courtesy of CyclingNews.com

Jonas Vindegaard placed 2nd to Tadej Pogacar back five minutes, 20 seconds.



Photo courtesy of CONCACAF.com

Mexico walks in as favorites over Honduras, who they play on Saturday, July 24.

Kids' basketball camp at Rec. Dept. this summer

By Jay Russell

Triple Threat Academy's oneweek basketball camp is operating for its 14th year through the Piedmont Recreation Department. Piedmont basketball players ages 6-12 hit the outdoor courts at Hampton Park to hone their skills in a week-long basketball clinic.

Last year's camp was reduced to 12 players due to Covid restrictions. This year a taste of normality has returned; and camp sizes are back to 20-25 players with four basketball coaches.

"So far, the feedback has been great, " said Triple Threat founder Tony Freccero.

"Parents seem a lot more open and comfortable. A lot of parents were looking for a full-day indoor camp."

The camp day starts off with warmups and dynamic stretches to get the athletes primed for a

full afternoon. The total skills camp begins with dribbling so kids will be ready to test their ball handling skills during the camp favorite game, "Bulldog."

In Bulldog all campers line up on one court baseline with their own ball and try to dribble all the way across the court. But blocking the path are "bulldogs" trying to steal their ball. Each

See <u>Basketball Camp</u> on page 32

Basketball Camp

Summer Session IV: July 26 - August 5

Ages 6-12

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Call 510-420-3070 to sign up.



Piedmont's basketball phenoms try to dribble past multiple defenders in a game called "Bulldog."

HIKING WITH JON

Hiking Marin: Tennessee Valley to Muir Beach

Taking the Coastal Trail, with lunch at historic Pelican Inn

By Jonathan Comeaux

Tennessee Valley Beach and Muir Beach are among the most popular destinations in Marin County, so why not connect them for your own beach-hopping excursion?

Walking on the Coastal Fire Road trail gives your legs a rigorous workout but provides a beautiful jaunt along the edge of the Pacific Ocean.

This week's hike starts at the Tennessee Valley Beach trailhead, taking the main path until intersecting with the Coastal Trail after a mile, and hiking roughly 3.1 miles to Muir Beach with around

1,000 feet in elevation gain.

According to historians, Muir Beach itself was once known as Bello Beach, when Portuguese settler Antonio Nunez Bello bought the entire hillside for a \$10 gold piece in 1910.

About 2.4 miles from the Tennessee Valley Trailhead, you'll pass Pirates Cove, a small boulder-laden beach surrounded by steep hills. It requires about 350 feet of descent from the main trail and will provide a leg-burner of a walk back up the hill.

On the remaining 1.8 miles to Muir Beach, hikers will pass bushels of stunning red-flowering currant and possibly spot a



Staff Photos

Muir Beach in Marin County is a prime destination for hikers, bikers, families, and beach goers.

rabbit or two hopping across the trail. Large turkey vultures are a common sight throughout the Marin Headlands, and you may see a red-tailed hawk overhead scouring for food.

After the rigorous walk, stop at Muir Beach and cool off with your feet in the cold water.

If you want to skip bringing lunch with you, a worthy destination for a delicious lunch is the historic Pelican Inn just a half mile away. You can add some protein for the return hike with some delectable Miyagi ovsters on the half shell and a pint from Pelican's bar.

The Pelican Inn is named after Sir Francis Drake's galleon that visited the area in the 1570s. The white building is surrounded by a lush green lawn and giant 10-foot wall of bushes to protect it from the wind.

Once inside the inn you will think you are stepping into a classic British pub from the 1800s. Everything from the floorboards to the roof have been imported from the old country.

'All the wood, all the tables,

all the cushions, all the drapes – everything in here was shipped from England, Scotland or Ireland," hotel manager Amaya Cotton told SFGate.

For the hike back to the Tennessee Valley Trailhead, the Fox Trail provides the fastest route with 2.4 miles and 500 feet in elevation gain before a 1.5-mile descent. The trail goes along Coyote Ridge and overlooks the Marin Headlands, with Larkspur on your left and the Pacific Ocean on your right.

You may be walking with your head just below a layer of fog as the marine layer rolls over the

You can expect heavy foot traffic, but conscious hikers will always have ample space for passersby. The trail is over 6 feet wide in its entirety. We counted 66 people on the mile from the Tennessee Valley Trailhead to the Coastal Fire Road, another 75 people before reaching Muir Beach, but only 27 on the trek back on the Fox Trail.



The Fox Trail takes you along the headlands with layers of fog overhead.



The walk along the coast is picturesque, and depending on the weather, you can see the marine layer of clouds burning off over the hills.



Steep steps lead down to Pirates Cove, a small boulder-covered beach on the route to Muir Beach.



A red currant blossoms into pink flowers.



Plan on visiting the historic Pelican Inn for lunch prior to heading back to civilization.



A map of our hike from Tennessee Valley to Muir Beach.

ARTS & ENTERTAINMENT

Legion of Honor "Iliazd: Publishing as an Art Form" on display now

Allyson Aleksey

Legion of Honor, part of the Fine Arts Museums of San Francisco, is exhibiting "Iliazd: Publishing as an Art Form." It will be on display now through October.

The exhibit draws from the collection of Ilia Zdanevich's work in the Reva, and David Logan Collection of Illustrated Books, "Iliazd: Publishing as an Art Form" will look at the work of the Russian Modernist whose collaborators included Pablo Picasso, Georges Braque, Alberto Giacometti, Max Ernst, and Joan Miró

Zdanevich created and published 21 artists' books while working in Paris from 1921 to 1975. Sixteen of the books are in the Fine Arts Museum's collection. This is the first U.S. museum

Zdanevich in more than three decades. While the artist was not a publisher in the conventional sense, he could be described as a self-publishing book artist, who commissioned his more famous peers to produce images for his

"An illustrated book by Iliazd is a book by Iliazd, and not a book by Picasso, Miró, or Max Ernst," said Louis Barnier, Director of the Imprimerie Union, Paris. "[It is] a standalone work of art just like a painting, a sculpture, a monument, a film. And Iliazd is its true and sole creator."

The exhibition is included with general admission to the museum. Museum hours are Tuesdays through Sundays, 9:30 a.m. to 5:15 p.m. To purchase tickets and learn more, visit: https://legionofhonor.famsf.org/



The San Francisco Legion of Honor

"Mothership: Voyage into Afrofuturism" on display at Oakland **Museum starting August 7**



Oakland Museum of California.

By Allyson Aleksey

Oakland Museum of California (OMCA) will present its newest exhibition, "Mothership: Voyage into Afrofuturism" beginning August 7.

The exhibition uses fantasy and science fiction as a vehicle to "envision the African Diaspora and Black culture as central in a technically advanced and culturally rich civilization." Artists featured are from a diverse range

of arts, including literature, film, and music. Works from Octavia Butler, Sun Ra, and Kahlil Joseph will be exhibited. Visitors will explore contemporary artworks, including a Dora Milaje costume from the Marvel film "Black Panther," photography, and other historical objects and artifacts.

The exhibition will be on display through February 27, 2022. Purchase tickets by visiting https://museumca.org/exhibit/ mothership-voyage-afrofuturism.



Cast of The Light in the Piazza: Lucy Swinson (left), Blake Levinson, Chachi Delgado, Grace Connollan, Tanaka Dunbar-Ngwara, and Conoor Wrubel.

Youth Musical Theater Company presents Light in the Piazza

Youth Musical Theater Company will perform The Light in the Piazza through July 25 on the outdoor stage at YMTC's Aquatic Park campus in Berkeley. The show is directed by Jennifer Boeing, with music direction by David Moschler. With music and lyrics by Adam Guettel, and book by Craig Lucas, the show is based on the 1960 novella by Elizabeth

Set to a soaring, operatic score by Guettel, Light in the Piazza is the story of an American woman, Margaret, and her adult daughter, Clara, on vacation in Florence, Italy in the 1950s. Love blossoms between Clara and a young Italian man, and Margaret, who holds many secrets about herself and Clara, is forced to reconsider her daughter's future, as well as her own unrealized hopes, dreams, and loves. Piazza is a modern musical fable, romantic, complicated, and richly told.

YMTC's production of The Light in the Piazza will be fully staged, with a live orchestra.



Photos by Pauly Pagenhart

Principal actors Lucy Swinon (Clara) and Blake Levinson (Fabrizio).

Performance dates, times

Thursday & Friday, July 22-23, 5 p.m.

Saturday & Sunday, July 24-25, 2 p.m.

All performances are at the

outdoor stage at 2945 Bolivar Drive in Aquatic Park in Berkeley.

Tickets are \$25 General and \$15 for students. Purchase tickets at Ymtcbayarea.org, or call 510-595-5514.

UC Botanical Garden extends hours, reopens full garden

By Allyson Aleksey

The University of California Botanical Garden at Berkeley (UCBG) has extended its hours for the summer and re-opened features in the gardens that have been closed throughout the pandemic.

New member hours are between 9 a.m. and 10 a.m., with regular visitor hours from 10 a.m. to 5 p.m. Members and UC Berkeley affiliates no longer need to make advanced reservations and may check in at the kiosk upon arrival. Additional guests outside of the membership level package still need to make an advanced reservation.

Face masks are optional for all guests, as per Center for Disease Control guidelines. Face masks are still required indoors for unvaccinated guests.



The Botanical Garden at the University of California in Berkeley.

In addition, the Botanical Garden has re-opened two glass houses, the Arid House and the Orchid, Fern, and Carnivorous Plant House, both popular with visitors.

To purchase tickets and to find out what's in bloom, visit https:// botanicalgarden.berkeley.edu/ covid-reopen.

Pianist Mark Anderson to perform all-Chopin concert at PCA on August 8

Mark Anderson, the Piano Chair at the University of British Columbia School of Music in Vancouver, will perform an all-Chopin concert at the Piedmont Center for the Arts on Sunday, August 8 at 5 p.m.

The program of music includes *Fantasy in F minor*, *Berceuse*, three Etudes, and two Ballades.

Jonathan Dimmock, founder of the Resonance Project, will give a brief description of how musicians and neuroscientists are working together to use live music in conflict mediation.

Mr. Anderson is a prizewinner of the Leeds Piano Competition in the U.K., and the William Kappell International Piano Competition. He records exclusively with Nimbus Records and has released recordings of works by Liszt, Schumann, Brahms and Dohnanyi, Copland and Gershwin, and Mussorgsky and Stravinsky. He has recorded two CDs of the solo piano works by Hans

von Bülow, and since 2014 has released four CDs of solo piano music of the German/Dutch composer Julius Röntgen.

His latest recording, a 2-piano CD recorded with pianist Michelle Mares, was released in October 2020 with works by Röntgen, Reinecke and Brahms. They are available online at YouTube, Amazon, Apple Music, Spotify and other online music distributors. Included on this disc are two 2-piano works by Julius Röntgen that have previously not been recorded or published. The scores for these works are available from Nimbus Music Publishing.

A native of Pleasanton in the East Bay, Mr. Anderson currently resides in Vancouver.

The concert is a fundraiser for the Resonance Project. Tickets are \$25 (plus ticketing fee) and are available at: https://www.eventbrite.com/e/mark-ander-son-piano-tickets-163797052393.



Mark Anderson, Piano Chair at the University of British Columbia School of Music in Vancouver, will perform an all-Chopin concert at the Piedmont Center for the Arts on Sunday, August 8 at 5 p.m.

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Sunday, August 8, 5 p.m.

Mark Anderson Piano Concert
Mark Anderson, the Piano Chair at the University of
British Columbia School of Music in Vancouver, will perform an all-Chopin concert at Piedmont Center for the
Arts on Sunday, August 8 at 5 p.m. The concert is a fund-

https://www.eventbrite.com/e/mark-anderson-piano-tick-ets-163797052393.

To view a sampling of past exhibits and performances, click on

raiser for the Resonance Project. Tickets are available at:

https://www.youtube.com/watch?v=d3q9otV5emI 801 Magnolia Avenue ● Piedmont, Calif.

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Music in the Vineyards festival opens August 4



The Miro Quartet will open Music in the Vineyards, a chamber music festival in Napa Valley, on August 4. Performances will continue through the month of August.

By Allyson Aleksey

Music in the Vineyards, a chamber music festival in Napa Valley, will open on Wednesday, August 4 with both indoor and outdoor live performances.

Miro Quartet with Wei-Yi Yang will perform on opening night at 7:30 p.m. at Domaine Carneros Winery in Napa. A range of performances will conclude with a closing night party on Saturday, August 22.

Notable musicians include cellists Edward Arron, Nicholas Canellakis, Kari Jane Docter, and Tanya Tomkins; violists Pei-Ling Lin and Masumi Per Rostad, and pianists Wei-Yi Yang and Michael Brown. The 2020 Apprentice String Quartet winners, Solideo String Quartet, are also joining the 2021 festival.

In addition, four concerts will be filmed and available to view

online a few days after the live concert.

This year, the number of seats at each venue has been reduced and a limited number of tickets will be available. Entry to the festival requires proof of receiving a completed COVID-19 vaccine two weeks prior to the concert date.

For tickets and a full schedule of events, visit https://www.musicinthevineyards.org/festival/schedule/2021.

Xian Zhang to conduct SF Symphony August 6 & 7

By Allyson Aleksey

The San Francisco Symphony will be led by conductor Xian Zhang on August 6 and 7, featuring pianist George Li. The August 6 concert will begin at 7 p.m. at Davies Symphony Hall, and the August 7 concert will be held at 7:30 p.m. at Frost Amphitheater.

The program includes William Grant Still's *Mother and Child*, Mozart's *Piano Concert in C minor K.491* and his *Symphony No. 39*, *K.543*.

Zhang has conducted the Los Angeles Philharmonic. She is the former Music Director of the New Jersey Symphony Orchestra and Principal Guest Conductor of the BBC National Orchestra of Wales, its first female conductor. She was also the first woman to conduct the Staatskapelle Dresden in its principal hall.

To obtain tickets at either location, visit: https://www.sfsymphony.org/Buy-Tick-ets/2020-21/A-Xian-Zhang-Conducts-the-SF-Symphony.



Conductor Xian Zhang will lead San Francisco Symphony in concerts on August 6 ad 7.

Berkeley Symphony reopens live August 4 at Bruns Amphitheater



Music Director Joseph Young will conduct Berkeley Symphony on August 4 in its first live appearance since February 2020.

By Allyson Aleksey

Music Director Joseph Young will lead Berkeley Symphony in its first live appearance in more than a year with a performance at Bruns Amphitheater in Orinda on Wednesday, August 4 at 7:30 p.m.

The program includes the music by Rossini, Bizet, Bach, Beethoven, Tchaikovsky, Gabriela Lena Frank, Brian Raphael Nabors, and Jessie Montgomery. One of the highlights will be a performance of "Lubilo" by Nabors, a commissioned work as part of New Music USA's Amplifying Voices program.

Actors with California Shakespeare Festival will provide iconic Shakespeare passages with Beethoven's *Egmont Overture*.

"I am thrilled to finally be together with our audiences after all this time apart," Young said. "There is a tangible sense of hope and optimism as we collectively look ahead to a brighter future, and it is in the same spirit that we mark this turning point with our first live performance together in more than a year."

For tickets, visit <u>www.berke-leysymphony.org</u>.

Additional summer activities include the release of REAL Berkeley Film Series episode four. The series is produced by symphony Artistic Director Rene Mandel in partnership with Young and Bay Area-based media company Reneff-Olson Productions. REAL Berkeley highlights aspects of the city that have had and continue to have significant impacts on both the orchestra and the community. Episode Four, "Loving Food," honors the Berkeley Food Network and their efforts in combating food insecurity in the city. Chamber works will be performed by symphony musicians, to include the music of Saint-Saens, Bozza, Chaminda, Amy Beach, Paul Dresher and Nabors.

For more information, call 841-2800 x301.

The Musical Gourmet

Truth in advertising: Opening a can of worms

By Joseph Gold

A recent feature article in the Musicians Union magazine opened a can of worms. Musicians are trying to sell themselves to the public – what else is new? My response is that there must be truth in advertising. So far, the public has been fed self- serving publicity hype.

The battle lines have been drawn for a long time. Every branch of music has staked out its territory. Their dictum is the same as French General Robert Nivelle, who in defending Verdun in World War I, said, "They shall not pass.

In the case of the music, nor shall they transgress. It would be one thing if the territory staked out was based on sound research. But it isn't. These are merely excuses for poor instrumental playing and poor singing.

Now that I have your attention, let me present the case. The facts are simple. In the beginning there were no standards of performance in the musical firmament. Every country had its own way of doing music. In fact, every city was unique unto itself. And every city had individual music schools. There was no standard way of doing anything.

Initially, composers played their own music. On occasion, they might know the music of some distant place. That distant place might be a different section of their own city or even a differ-

For example, in Germany Johann Sebastian Bach knew the music of Vivaldi in Italy, and Arcangelo Corelli knew the music of Handel. Sometimes musicians traveled to play concerts and even accepted permanent engagements in other countries. It was in this way that Italian musicians influenced the French and the English.

Russia remained a backwater culture until the late 19th century. Germany preserved its German style until the mid-20th century. There was no accepted way of doing anything.

In a second period of music performance there was an amalgamation of composers and performers. The performer was no longer exclusively a composer. Concerts combined original music as well as music of other composers.

In the third period, performers were no longer composers at all.

The fourth period, which I call the "self-righteous" period, is the current period. The term "historically informed performance" is heard everywhere. They do not like it when they are told their information is faulty. They always respond with "that's the



The instruction book written in 1756 by Leopold Mozart graphically shows the right way to hold a violin bow - and the wrong way.

way it was done. To which I ask them, when was it done that way

For example: all "historically informed" performers tune to the pitch of A@415. A commonly agreed standard pitch was established by an act of the U.S. Congress in 1920 and was set at A@440. In the old days there was absolutely no standard way of tuning. When you played in a church, all the instruments had to be tuned to the pitch of the organ, and no two organs were tuned the same way. In that case the reason is simple: the size of the church determined the height of the organ pipes.

String instrument players all hold the bow the same way. They say: "that's the way they did it." The picture that accompanies this article demonstrates that their information is wrong. (der Fehler means incorrect).

Of course they held the bow in different ways in different countries and different cities. There was no uniformity at all. So when someone says, "that's how they did it", this is simply not true. The facts bother them, and they seem to resent being shown the

In the heyday of concert performances, musicians played every kind of music from every period. They endeavored to interpret each stylistic period correctly. The public was free to choose their favorites, and the music critics helped guide public opinion. Self- righteousness was never a factor in the past. Sadly, self-righteousness appears to be the determining factor these days. With thinking like this, the public is the loser.

Vive la difference you might say. But keep in mind truth in advertising.

And unfortunately, truth in advertising is not always self-ev-

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"Dvorak's America" viewing party **July 22 in Lafayette**

Gold Coast Chamber Players to provide music

By Allyson Aleksey

Gold Coast Chamber Players will present an in-person viewing party tomorrow, July 22, at 6:30 p.m. at the Jennifer Perlmutter Gallery in Lafayette.

'Dvorak's America" explores the impact that Spirituals and Native American music had on Czech composer Antonin Dvorak during his time in America. The project, three years in the making, highlights the interconnectedness of these cultures. The program will feature the composer's Sting Quintet, op. 97, and the Lento from his String Quartet op. 96, both of which are nicknamed "the American."

Original music for Native American flute will be performed by Mary Youngblood includes her arrangement of "Amazing Grace". The pieces are her interpretation of what Dvorak heard during his stay in America from 1892 to 1895. Dvorak proclaimed that African American Spirituals are "the heart of American music," and the genre served as perhaps the greatest Western influence on the composer.

Spirituals that will be performed in this program include "Swing Low Sweet Chariot," "By an' By," and "My Lord What a Morning." Concluding the program will be "Goin' Home," from the composer's New World Symphony. Alexander String Quartet will lead the ensemble, marking one of the first performances with their new violist, David Samuel. Violist Pamela Freund-Striplen, a frequent collaborated with the Quartet, will join its members for Dvorak's America.

Masks are not required for fully vaccinated guests. Unvaccinated guests must wear a mask during the event.

To obtain tickets, visit https:// app.arts-people.com/index.php?show=125065.

Music@Menlo Festival Friday program is "Modern Romance"

By Allyson Aleksey

Music@Menlo continues with a mix of in-person and digital performances. The 2021 season, entitled "Gather," began on July 16 and takes place in and around the festival's new home, the \$40 million Spieker Center for the Arts in Menlo Park.

Music@Menlo is an internationally acclaimed chamber music festival founded by David Finckel and Wu Han. Inaugurated in 2003 at Menlo School, the festival features concerts, lectures, and a training program for aspiring professional musicians.

This year's events are smaller in size than its 18 previous seasons but includes a star-studded lineup of musicians. The festival will include a mix of live and digitally-streamed performances continuing through August 1. Featured concerts are performed at 4 p.m. on Friday, Saturday and Sunday in the Spieker Center, and then repeated at 6 p.m. outdoors. Concerts will run for approximately an hour without intermission.

Beginning this Friday, July 23, a trio of concerts will take place throughout the weekend encompassing a second set of programs entitled "Modern Romance." Friday's performance begins with one of Beethoven's Opus 1 Piano Trios, and concludes with Felix Mendelssohn's String Quartet No. 2. Featured musicians includes violinists Kristen Lee, James Thompson, and Tien-Hsin Cindy Wu; pianist Wu Han; cel-



Violinist Kristen Lee is a featured musician at the opening of Music@ Menlo summer festival on Friday.

lists Dmitri Atapine and David Finckel; and violists Matthew Lipman and Paul Neubauer.

Tickets are on sale now and can be purchased by visiting https://musicatmenlo.org/. Visit the Festival's homepage to learn more about upcoming performances.

Festival Opera in word premiere of A Jake Heggie Triptych

By Allyson Aleksey

Festival Opera continues its 30th Anniversary Season with the world premiere of A Jake Heggie Triptych featuring the award-winning composer and pianist live on August 13. A second performance will be held on August 15, both at the Hofmann Theatre at the Lesher Center for the Arts in Walnut Creek.

For these two productions, composer and pianist Jake Heggie is joined by singers Carrie struck by his ability to build a Hennessey, Diana Tash, award

winning actor Curt Branom and Festival Opera General Director Zachary Gordin. The world premiere event of works by Heggie features three song cycles, reimagined as fully-staged chamber operas. The Triptych is the result of Gordin's long-lasting relationship with Heggie and his works.

'I've been a huge fan of Jake's work since the release of his *The* Faces of Love [1999] album, which featured many dear colleagues and friends. I was immediately whole environment with his piano writing, how operatic in nature it is, like the music provides both an orchestra and scenery," Gordin said. "As a singer who is always looking for the essential truth in the music and stories I'm telling, it was a revelation to see his vocal writing truly mirroring the inflection, joy, and pathos of the human voice with honesty, setting texts in an immediately accessible, and deeply compelling way."

"I'm thrilled and deeply honored that Festival Opera will present this dynamic triptych of my compositions, beautifully cast with stunning performers," Heggie said. "The human quest for identity and connection links this trio of works, which were created with my most frequent collaborators - Gene Scheer and the late, great American playwright Terrence McNally. What a dream for this to unfold in the East Bay, where long ago I studied piano as a teenager."

Triptych will have two live performances on Friday, August 13 at 7:30 p.m. and Sunday, August 15 at 2:00 p.m., both in the Hofmann Theatre at the Lesher Center for the Arts. Tickets are on sale now and can be purchased by visiting https://www.festivalo- pera.org/a-jake-heggie-triptych.



Opera composer Jake Heggie

MOVIES FOR KIDS



A scene from Pixar/Disney's Coco.

Coco a lovely, animated story of a boy in Mexico

By Chris Honoré

The story of *Coco* follows a 12-year-old boy named Miguel Rivera (Anthony Gonzalez) who lives in the small Mexican town of Cecilia. He dreams of one day becoming a musician, exactly like the legendary Ernesto De La Cruz (Benjamin Bratt), an iconic guitar player. Miguel secretly practices while studying video footage of Ernesto.

There is, however, a problem, and it is not a small one: the Riveras are shoemakers, part of the artisan trade community, and theirs is a tradition that has been proudly passed along from one generation to the next. The expectation is that Miguel will be what the Rivera men were before him, shoemakers. Music playing is strictly forbidden.

Meanwhile, Miguel yearns to participate in a talent show to be held in the town plaza on the Dia De Muertas, a day when those who are deceased visit the living. His ancient great grandmother, Coco (Ana Ofelia Marguia), the strict matriarch of the Rivera family, and the daughter of Miguel's great-great grandmother, Imelda, sternly supports the family's ban on music playing.

In preparation for the Dia De Muertas, the Riveras have created an elaborate shrine with the photos of deceased family members. If Miguel is going to be in the talent show, he realizes he will need a guitar. He goes to the tomb of Ernesto and there sees his guitar, which he steals. And it's at that quirky moment that

Miguel is transported to the Land of the Dead, where he meets all of his past relatives who are preparing for their journey on this very special day.

When he meets up with his great-great grandmother, Imelda (Alana UBach), she makes it clear that he must quit music. It seems she has a dark history with musicians

During his adventure, Miguel hooks up with a scallywag called Hector (Gael Garcia Bernal), and also has a sidekick, a spifffy dog. There is one caveat to Miguel's family reunion with those who have passed away, and that is he must return to the Land of the Living by dawn or he will remain forever in the Land of the Dead. All he needs is a blessing from a deceased relative.

And so his journey continues. This is a beautifully animated feature film, one of Pixar's best, filled with vibrant colors, cultural themes, wonderful songs, and amazing alebrijes (folk art sculptures). Of course, the embedded importance of family runs throughout the story, as well as the importance of following your dreams, all of it leading Miguel to finding peace in the Land of the Living.

Coco. Pixar/Disney Animation, Directed by Lee Unkrich, 1 hr., 49 min. Rated PG.



A scene from Pixar/Disney's Coco.

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Maze Runner a compelling sci-fi film



Kaya Scodelario and Dylan O'Brien in The Maze Runner.

By Chris Honoré

The *Maze Runner*, especially in the trailer, looks more than just intriguing. Actually, the premise looks downright compelling if not ominous in a quasi sci-fi, fantasy way.

A group of adolescent boys, some two dozen, are trapped in a vast wooded glade surrounded by three story concrete walls from which there is no escape. It's a prison of sorts. They have no memory of their past or who sent them there (other than they arrive topside, so to speak, in an iron lift from far below, a lift that brings them weekly supplies). They barely recall their first names.

At a certain time each day one section of the wall separates and remains open until late afternoon. It's during those hours that a select few (maze runners) go into what proves to be a multifaceted, complex maze that endlessly changes. As the runners have learned, the maze is also inhabited by giant, robotic spiders that have killed some of the runners. No one survives a night in the maze. The idea is to explore as much as possible and get out before sunset.

The opening set up has Thomas (Dylan O'Brien) arriving

on the lift afflicted with the same amnesia experienced by the others. He is special (initially called a "greenie") and soon becomes a runner and enters the terror and uncertainty of the maze.

How they manage to solve the secret of the maze is the simple objective of the film. This isn't complicated, but it is interesting in a kind of predictable and survivalist way. The problem is that the story paints itself (Stephen King is guilty of this) into a narrative corner from which there is no easy outcome. Suddenly what seems credible, at least within the construct of the story, suddenly goes off the rails. What is certain is that there will be a sequel. *The Maze Runner* is all prologue.

While not *The Hunger Games*, its audience is that group of teenagers who will clearly be engaged by the almost two hour introduction. And while the kids watching won't be thinking of *Lord of the Flies*, the critics will, although the theme of that novel is far more complicated and interesting and dystopian.

The Maze Runner. Starring Dylan O'Brien, Will Poulter and Kaya Scodelario. Directed by Wes Ball. 1 hr., 54 min. Rated PG-13



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INSTALL CONFIDENCE

FEATURES



Glorious new Burgundies available

By Pierre DuMont

As most wine drinkers have discovered by now, Burgundy prices are through the roof. It is getting harder and harder to find affordable bottles that are quality wines. It is capitalism at work the law of supply and demand. There are lots of affordable Bordeauxs on the market, but that's because the Bordeaux region produces 50 times more wine that Burgundy. So, you have the whole world clamoring for this small production of the world's best Pinot Noir. For the consumer, it doesn't help that Pinot Noir happens to be the "hot" grape of the day. The entire Cote d'Or Burgundy wine region could fit into the East Bay from Oakland to Fremont.

This is why the wines I am writing about today are so exciting They are the rare good values in the world of Burgundy – and remember that the term "good value" is relative.

Domaine de Bellene

Nicholas Potel grew up in Burgundy, the son of the famous winemaker Gerard Potel. He decided to follow in his father's footsteps and in 2005 he established Domaine de Bellene. He purchased an old Cistercian abbey and cellars in the historic heart of the city of Beaune. The name of the winery comes from "Belenos" an ancient Gallic god of sun and beauty. Beaune, which was called "Bellene" in the Middle Ages, is the focus of his interest.

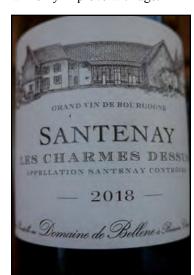
Domaine de Bellene now owns 62 acres of vineyards throughout the Cote d'Or, from Santenay in the south to Vosne-Romanee in the north. The focus is on distinctive terroirs that offer exceptional value from a region that has seen

a stratospheric rise in prices over the last 20 years. They are imported in the U.S. by Loosen Bros. in Salem, Oregon. Check out their wide-ranging portfolio at loosenbrosusa.com.

WHITE WINES

• 2018 Savigny-les-Beaune, \$54

Savigny-les-Beaune is an appellation that offers great values in both red and white wines. This winsome Chardonnay has been vinified with natural yeasts using 30% new French oak barrels. It reveals wild mushroom aromas as well as concentrated, bright, lively and medium-bodied core of stones and tangy citrus fruits. Delicious to drink now, it will only improve with age.



2018 Santenay Les Charmes

• 2018 Santenay Les Charmes Dessus, \$54

Aromas of crisp apple, lemon and honey introduce the Santenay Les Charmes Dessus, a medium to full-bodied, elegantly textural wine with an enveloping core of succulent fruit that segues into an unmistakable chalky, mineral finish. It's a terrific success.

• 2018 Beaune Les Perrieres Premier Cru, \$130

There is a big step up in both quality and price from a "village" wine to a Premier Cru. A Premier Cru vineyard is one that has been selected, often in the medieval times by monks, for producing special high-quality fruit that makes wines of distinction. The Les Perrieres has aromas of lemons, crushed chalk and white flowers. A medium to full-bodied, pure and chiseled wine with lovely mid-palate amplitude, a bright line of acidity and a chalky, tight-knit core. Try this lovely wine with roast chicken with a cream sauce.

RED WINES

• 2018 Savigny-Les-Beaune Vieilles Vignes, \$54

This wine is perfectly poised, yet it has a pleasing, savage note about itself. Its racy and riveting aromas of cherry fruit and chalk, round mouthfeel and long finish call out for a ripened Epoisses cheese followed by a main course of coq au vin. Delicious now, it should last for at least 15 years.

• 2018 Nuits-Saint-George Vieilles Vignes, \$86

This lovely wine shows wonderful ripe strawberries and blueberry fruit as well as ample notes of lavender and spicy wood on the nose. It hits the palate with medium to full-bodied richness, an expansive, layered mouthfeel, soft tannins and integrated acidity. This has lots of upfront charm yet should evolve beautifully for 15 to 20 years.

• 2018 Savigny-Les-Beaune Hommage a Jean Ferte, \$100

Aromas of wild berries and forest floor mingle with notions of grilled meat and leather in a complex bouquet, framed by a perfect touch of oak. On the palate, the wine is medium to full-bodied, layered and decidedly velvety for a young Nuits-Saint-George, with ripe tannins, tangy acids and a long, succulent finish. Perfect with a pork shoulder or loin roast. This beautiful wine has a very long life ahead of it.



Nicholas Potel, owner of Domaine Bellene Cellar in Beaune, France.



Oakland Zoo animals among first in U.S. to receive COVID vaccine

By Allyson Aleksey

Oakland Zoo is the first zoo in the U.S. to protect tigers, bears and other animals against COVID-19 using an experimental vaccine uniquely formulated for animals. Its zookeepers began vaccinating their highest at-risk animals with a vaccine developed and donated by Zoetis. The company announced on July 2 that it is donating more than 11,000 doses of the vaccine to help protect the health of more than 100 mammalian species in zoos, conservatories, and sanctuaries throughout the U.S.

Zoetis, a veterinary pharmaceutical company headquartered in Kalamazoo, Michigan, developed the experimental vaccine which is uniquely formulated for animal species. The vaccine has been authorized for use on a case-by-case basis by the USDA as well as state veterinarians.

"Zoetis has a long history of supporting zoo veterinarians and the animals in their care," said Dr. Mike McFarland, Chief Medical Officer at Zoetis. "We are proud that our innovative research and development work and vaccine donations can help veterinary professionals within the zoo community continue to provide a high standard of care to the primates, big cats, and many other species they care for and reduce the risk of COVID-19."

The first animals to receive doses were tigers, Black bears, Grizzly bears, Mountain lions, and ferrets. Next were primates, including Chimpanzees, and Fruit bats.

"Up until now, we have been using public barriers at certain habitats to ensure social distancing, along with enhanced PPE worn by staff to protect our susceptible species from COVID-19. We're happy and relieved to now be able to better protect our animals with this vaccine and are very thankful to Zoetis for not only creating it, but for donating it to us and dozens of other AZA-accredited zoos across the U.S.," said Dr. Alex Herman, VP of Veterinary Services at Oakland Zoo.



A ferret at Oakland Zoo receives the experimental COVID-19 vaccine developed by Zoetis.

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Dear Abby

A pet column compiled by Piedmont pets



Take me out to the ball game

By Abby, a Bernese Mountain Dog

Dear Abby:

Do you know if the A's or the Giants are inviting dogs to their Parks this year?

I haven't been able to find a snort about it on their sites.

No pup walks? No dog days? There's nothing like eating the grass on those fields.

-Tank the French Bulldog

Dear Tank:

Unfortunately, it looks like there's no Dog Days this year in Oakland or San Francisco. I looked everywhere, too.

The only info I could find was on the AKC (American Kennel Club) site which listed the teams that were bringing America's best friends out to cheer: the Atlanta Braves, Cincinnati Reds, Kansas City Royals, Pittsburgh Pirates, New York Mets, Seattle Mariners, St. Louis Cardinals, and Washington Nationals are all asking pups to come into their parks.

But there will be no sniffs or fetching baseballs for we Bay Area dogs in 2021. Let's hope for next. Fortunately, this year, they haven't needed the good "MoJo" we hounds bring to the Ball Park.

–Abby

Dear Abby:

I know a lot of people who have adopted dogs in these work-at-home times and are now finding it tricky to adjust to leaving the dog at home alone. I worried too, but I adopted a little poodle and I also went on a CV-15 diet which I thought I'd never stick to. But between not wanting to go to the grocery store very often and having a big-eyed poodle waiting at our front door with a wagging tail, I was able to exercise more and lose weight.

Now I've started going back into the office a few days a week. Carmel seemed sad at first but she's started to adjust and actually, so have I. On the days I go into the office, I wake up a wee bit earlier to take her on a walk and when I come home, I literally turn around and immediately take her for a short sniff around the block. After dinner, we take a longer one. It may seem like a lot but it has helped me keep the pounds off and I love coming home to her happy face.

Josie and Carmel the poodle

Dear Carmel,

Way to go! Wonderful that you gained a new best friend and lost weight, too. I often encourage my family to walk out the door, too. They are sometimes a bit stubborn but always happy after-

ward. And you have inspired me all over again. There's something about a wagging tail and sad eyes that they can't resist.

Go for that Greyhound muscle look.

-Abby

Dear Abby:

Any idea when Coastal Cleanup Day is this year? For some reason, I seem to remember it coming in the summer. I'd love to bring Hambone along...if that's okay? He's a sweetie and gets along with everyone.

Coastal Cleanup Clueless,

-Charlie and Hambone the

Dear Goose:

So glad you hounded me. The 37th annual Coastal Cleanup Day is Saturday, September 18th, 9-Noon. It's a very nice way to spend a morning helping the State remove plastics and trash from our beaches and waterways.

But if you can't make it that day, volunteers are also invited to participate throughout September in local park cleanups. Check out the CleanSwell app and see exactly what you need and where you might want to go. (Piedmont Park?) I'm not sure if dogs are welcomed but my guess is Hambone might be okay if you always keep him on a short lead and don't let him eat any garbage especially old shoes. I'm not sure why I get the feeling that he would?

Dog Paws to You!

-Abby

E-mail your comments, ideas and dog thoughts on any pet topic to Melanie Johnston at MSJ312@aol.com.

Bookmark Bookstore schedules 2-day "Thank You" sale

Phyllis Couillard, Store Manager of the Friends of the Oakland Public Library's Bookmark Bookstore in Old Town Oakland is inviting members, non-members, shoppers and donors to shop through the store's deep collection of used books for two days. Bookmark's Thank-You Sale will take place on Saturday and Sunday, July 31 and August 1 from 11 a.m. to 4 p.m.

"We are grateful for all of the support we received during the long months of the pandemic," said Julie Waldman, Chair of the Bookstore Committee. "We are excited to show our gratitude with 50% off a wide range of our books."

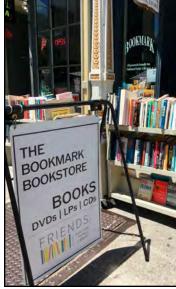
Shoppers will receive 50% store is located in Old C off on these selected sections (no 721 Washington Street.

other discounts apply):

- Fiction
- MysteriesChildren's
- Cooking
- CookingTravel
- LP records and CDs

Appointments are required for donations of books and other materials. To make an appointment, visit www.fopl.org/the-bookmark. Masks are still required for the safety of the store staff. There will be no holds in advance of the sale.

The Bookmark Bookstore, operated by the nonprofit Friends of the Oakland Public Library, is open from 11 am to 4 pm, Wednesday through Sunday. The store is located in Old Oakland at 721 Washington Street.



The exterior of The Bookmark bookstore in old Oakland.





Piedmont Avenue Library News



Piedmont Avenue Library is open

By Ruby Long

The only thing that you absolutely have to know is the location of the library.

-Albert Éinstein

We've been working hard cleaning books and checking for any damage. We've rearranged the placement of a few book genres. For example:

- The Short Stories are now on the shelf near the Large Print books for adults
- We now have a Children's Bilingual-Foreign Language
- Children's media are shelved near one another (books on CD, DVDs, CDs).

We are happy to have the community back in the library.

Cherry Tree and the Hume Family, Some History

During the Friends of Piedmont Avenue Library clean-up day, I noticed a cherry tree and wondered why it would be on school grounds. Here is the story:

In the late 1880s, the cherry tree was on land that belonged to the Hume family. The plot is today bounded by Piedmont Avenue, Echo and Glen Streets and the fence that follows the school's driveway. At that time, only Piedmont Avenue existed, and a creek ran through what is now the school yard.

Mr. Hume had been a commercial fisherman on the East Coast and when the fish back there started thinning out, he came west. He built a house at what is now the end of Glen Eden for his family – his wife, their three children and his wife's sister - and brought them out here. The sister was a teacher and she set up a schoolroom for the children in the dining room.

Neighbors heard about it and began sending their children for lessons. One boy rode a horse and let it graze during class time. Before long, the number of children outgrew the space. The Humes said, "We'll donate that corner lot – the one with the big tree on it – if the county will build a schoolhouse on it." So, a big wooden school was built on the corner lot. It was a perfect site because the Key System streetcar ran down Piedmont Avenue, making it easy for kids to get to school.

In 1937 that building was destroyed by fire, disrupting the lives of all those students and their families. This was the Depression and there was the WPA -- the Works Progress Administration (WPA) created by President Roosevelt in 1935. As a WPA project, workers built a new school building. The WPA imprint, in the sidewalk outside the school, is still in there. The creek that used to run through the playground is covered up, but the school is still there.

That large area donated by Hume has, over the years, had several buildings erected on it: the school, the now abandoned Child Development Center, and the current modular building that houses the Piedmont Avenue Library.

Piedmont Avenue Library is located at 80 Echo Avenue in Oakland behind Piedmont Avenue Elementary School.

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Summer nights a treat at Filoli House and Garden

By Allyson Aleksey

The historic Filoli House and Gardens in Woodside welcomes visitors every Thursday evening throughout the Summer. The weekly event, simply called "Summer Nights," is one of the non-profit organization's most well-attended.

Filoli closes its grounds at 5 p.m., but on Thursday nights throughout the summer, visitors can explore the historic house and gardens well into the evening. Located 30 miles south of San Francisco and nestled at the foot of the Santa Cruz Mountains, it provides an idyllic backdrop to view the setting sun on a pleasant summer evening.

The organization's mission is to "connect [its] rich history with a vibrant future through beauty, nature, and shared stories," and there truly is no shortage of natural beauty at Filoli. The location is surrounded by more than 23,000 acres of protected Peninsula watershed, and on warm summer evenings, thick fog can be seen rolling down the mountains

The house was constructed in 1917 and is a stellar example of Georgian Revival architecture. Designed by famed architect Willis Polk, it took three years to build and cost \$425,000 – about \$8.5 million in today's currency. It was constructed under the guidance of William and Agnes Bourn, the first owners, and was

initially conceived as a "humble" country home. The Bourn family's wealth came from the Empire Gold Mine, California's most productive.

"When [the Bourns] built Filoli they were in their 50's and were looking to construct a country estate, a common thing for wealthy San Franciscans to do at the time. They chose this spot because of its beautiful location," explained Susan O'Sullivan, Chief External Relations Officer at Filoli.

The Bourns, who were two of the founding board members of the San Francisco Symphony, loved to entertain. The massive, two-story mansion contains 56 rooms, including a large ballroom and reception room designed to host concerts and debut balls. The same Baccarat crystal chandeliers from 1917 remain in the ballroom, 6-foot-tall glass chandeliers that are meticulously cleaned and maintained by Filoli staff. The house is 54,256-square feet, contains 16 bathrooms, 10 main bedrooms, 14 staff bedrooms, and 17 fireplaces.

When the Bourns died in the 1930's, the house was purchased by William and Lurline Roth, heiress to the Matson Navigation Company. The Roths added to the estate by expanding the gardens to include collections of camellias, rhododendrons and azaleas, and added a swimming pool and screened-in teahouse.

See Filoli House on page 32



There are 16 formal garden acres, 250 fruit trees, and 75,000 spring bulbs are planted each year.



Photos by Jay Russell

When the house was given to the National Trust it was empty. Since 1977 both the Roth and Bourn families have donated items to Filoli, and with the support of donors, staff have been able to replicate furnishings and decor as they appeared in the early 20th century.



There are many historical artifacts throughout the estate. The kitchen at the Filoli contains a World War II-era ship oven.



Filoli's ballroom contains a pair of Louis XVI-style 50-light chandeliers, containing more than 425 Baccarat crystals. They were ordered by the Bourn family in 1925 from Maison Bagues in Paris.



An entry provides a peak into the gardens of Filoli from the historic estate.



Individuals and families with kids enjoy what Filoli has to offer. Many visitors relaxed on blankets, sipping wine and enjoying live music; while younger visitors play on the estate's open areas





OBITUARY

Junshi Ke of Piedmont dies at 99

A loving mother and grandma, Junshi Ke passed away peacefully on July 9 surrounded by her loved ones at her Piedmont home, just four months shy of her 100th

Junshi was born in Sichuan, China on November 2, 1921. She grew up in a very restricted, male-dominated feudal society in which it was believed that women were subordinate to men. She believed in feminism and that women should have equal rights and privileges to men. She believed women should be strong mentally as well as physically in order to participate in equal activities within society.

During World War II, the Japanese invaded China and Sichuan at that time was so called "China's back yard". The young people volunteered to take action in order to protect their homeland. During that time, Junshi, as a teenage girl, started Gong Fu and boxing training through a famous Gong Fu master, Guofu Zhu, who taught at the Central National Martial Art Institute and at Chong Qing University. He brought up many outstanding students for the Whampoa Military Academy. During wartime, Junshi participated in a joint-rescuing crew to save children in the battlefield. Later, she became an instructor and taught at a government-run welfare institute, which provided education opportunities for orphans. Junshi loved working with children.

In 1944, at age 22, Junshi married Kunyi Sun, a businessman. They owned an electric appliance shop and were in the electric installation and maintenance business. Unfortunately, China's

national private-owned capitalism system did not last long. All their wealth and properties vanished overnight. Junshi and her husband were impoverished and had witnessed the transfer of all private ownership enterprises to government-owned businesses. Both she and her husband lost their business and their jobs. Despite this hardship, Junshi and her husband still loved music and maintained their interest in playing the Chinese violin and the singing of Beijing opera.

Additionally, Junshi liked to write poems. She often recited poems of the late Tang Dynasty, which inspired her optimism and gave her the courage to survive. Junshi and her husband shared a loving and supportive marriage of 44 years until her husband's passing in 1988.

Junshi believed knowledge was power and education makes an impactful difference. During the Cultural Revolution in China, all schools were shut down and no colleges were available to be attended. She insisted that her children self-study to enrich themselves for their futures. After her daughter, Xiao-Meng, finished her graduate studies and immigrated to the U.S. Junshi lived with Xiao-Meng's family in Piedmont for over 20 years. This was the happiest time of her life. She was able to play with her grandchildren and visit beautiful national parks in the U.S. She always enjoyed walking along the beautiful city streets of Piedmont. From Greenbnk to Grand Avenue people would see a pretty Chinese lady pushing her walker, slowly walking in the afternoon



December 6, 2020: Junshi's last walk in the Piedmont neighborhood.



An early photo in China



A recent photo in Piedmont

Junshi is survived by her two daughters, Minmin Sun and husband, Minhua Tang of Shaoxin, China, and Xiao-Meng Qi and husband Niansheng Qi of Piedmont, CA. Junshi is also survived by her six grandchildren, Alexander Qi and Jasmine Qi from Piedmont, Suying Yang, Boling Yang, Xun Tang, and Ling Tang and his wife Guofang Kuang from China. She also has three great grandchildren, Yixin Han, Duo-Na Tang, and QingYuan Yang from China. Junshi is predeceased by her daughter, ZhiKuan Yang, and husband, Kunyi Sun.

Junshi had a wonderful and amazing life. She will be greatly missed by her family and all who

Junshi's granddaughter, Xun Tang, wrote a poem in her mem-

The night drum pangs The morning bell rings You have gone far I can't find you, only missing you

I raise my head to search for you You are one of the stars, shining in the sky A beautiful memory sparkling Its twinkling is your warm blessing

I am not lonely, for you are always with us

Trowbridge memorial celebration on Aug. 28

A celebration of the life of Linda Patrice Trowbridge will be held on Saturday, August 28 at 1:30 p.m. in the Guild Hall at Piedmont Community Church, 400 Highland Avenue, Piedmont. A resident of Piedmont for 37 years, she died on August 28, 2020. Due to Covid restrictions, the family postponed a memorial gathering until now.

Wednesday Evening Meditation Group is online

The Wednesday Evening Piedmont Meditation Group has moved online using Zoom web conferencing during the Covid-19 shelter-in-place order. The group meets every Wednesday evening from 7:30-8:15 p.m., and everyone age 12 and older is welcome. No experience meditating is necessary. This is a secular (non-religious) group, and there is no lecture, solicitation or obligation.

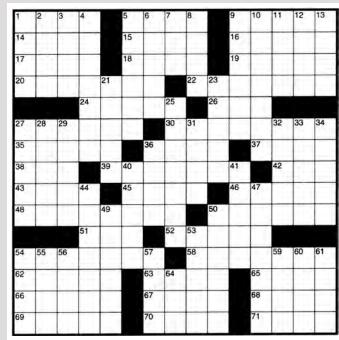
Mark Herrick, a long-time Piedmont resident, is host of the weekly meditations. "With the high stress and anxiety of the shelter-in-place order, it's easy to get cut-off and isolated from each other. It's helpful to have a place to connect with people sharing a bit of quiet, peaceful time to rest and recharge," Herrick said.

For more information contact him at: herrickmark@icloud.com or (415) 706-2000.

Sudoku Puzzle

					5	3	9	
	1	8	3	4				7
			9		2			1
		3						5
7	5						3	9
2						7		
8			2		3			
5				9	7	8	6	
	9	2	8					

Crossword Puzzle



ACROSS

- Bread unit
- Radio users Recommend
- 14 Lhasa_ 15 Dismounted
- 16 Zinc
- 17 Turn aside 18 Storm
- 19 Sedate "They see" for "the
- eves," e.g. 22 In braids
- 24 Early moralist
- 26 Coffee holder 27 Mitts
- 30 Was ecologically responsible
- 35 Hurried 36 Actress Garr
- 37 Shade
- 38 Function
- 39 Ranches
- 42 Cargo carrier
- 43 Rebecca's son 45 Intentions
- 46 VCR button
- 48 Field event 50 Hero's journeys

- 51 Guitarist Paul
- 52 Prepare a turkey
- 54 Has ambitions 58 Low-budget lodgings
- 62 Audition goals
- 63 Module 65 Flair
- 66 Developed
- 67 Philosopher Descartes 68 Actress Moreno
- 69 Actress Grable 70 Nourish
- 71 Ooze

DOWN

- Molten rock Frank
- On the briny
- Buried the hatchet Bug
- Texas landmark
- Cold War fighter
- Pace Prayer beads
- 10 Like triceratops
- 11 Decree
- 12 Actress Adams
- 13 Fred, on "Sanford and Son'

- 21 Marsh grasses
- 23 Clear 25 Knock off the air
- 27 Thin porridge
- 28 Roundup need 29 Body of water
- 31 Important periods
- 32 Holds dear
- 33 Make a law
- 34 Car marks
- 36 Lace or ribbon 40 Hesitate
- 41 Children's author
- 44 Most unbecoming
- 47 Clowns
- 49 Dairy cow 50 Cited
- 53 River or wine
- 54 Sheik, e.g. 55 Aching
- 56 Scheme
- 57 Peruse the web 59 Essavist Wiesel
- 60 Behind schedule
- 61 Ginger cookie 64 Society-column word

SENIORS

Yes, there's still a sandwich generation

By Benjamin Bloom

When someone is caring for a child under the age of 18 along with helping an elderly parent, they are considered to be part of the 'Sandwich Generation'. While this description usually applies to people in middle age, roughly in their 40s and 50s, it may also include people who are older or younger than this demographic.

A more modern term is "multi-generational caregivers".

According to the Pew Research Center, in 2018 roughly 29% of adults in the United States have a child under age 18 at home, and 12% of these parents also provide support for an elder parent or other adult in their lives. The Bureau of Labor Statistics estimates that these unpaid caregivers spend about 2.5 hours per day caring for their family members.

Parents, both mothers and fathers, spend more time with their kids than parents did in the 1960s, with mothers spending 40% more time with their children. More time is also being spent working at a paid job, with approximately 75% of these multigenerational caregivers being employed.

Being a Sandwich

The term "sandwich generation" was coined in 1981 by a woman who found herself pres-

sured on both sides of care, while raising children and helping out her parents. "People feel they should have to do it all themselves and that's the worst thing a caregiver can do," said Carol Abaya, who founded the Sandwich Generation Magazine and website.

What kind of Sandwich are you?

Ms. Abaya defined different kinds of "sandwiches" or people that find themselves squeezed between care needs:

Traditional: This is what we all think of when we hear the term, "sandwich generation." It refers to middle-aged people who are between aging parents in need of some support and their own children who need support.

Club: Think of an extra generation of family that also needs some care, maybe grandchildren of your own, as well as the aging parents and grown children, and you get the idea of the club sand-

Open-faced: This can refer to someone who does not have children of their own to care for, but does have elderly parents who require their support. These people have other responsibilities primary relationships, work, etc. - that they need to tend to in addition to helping their parents.

No matter what type of sandwich you are, Ms. Abaya has some pearls of wisdom to help

you maintain work-life balance and be prepared:

- 1. Sit down and make a list of all the things your aging parent can do for themselves, all the things they may need help with, and all the things they can't do at all. Next, make a list of all the family members in the area and community resources, and start matching them.
- 2. Bring your children into the care process with your elder parent. If your kids are teenagers, they can go over and do small household chores like taking out the garbage. Maybe they can just watch TV with Grandpa or play some board games. Your children need your love too, not just your elder parents.
- Legal documents should be taken care of sooner rather than later.

Homewatch CareGivers is located at 3820 Broadway in Oakland and is owned and operated by Piedmonters Benjamin and Leah Bloom. You can reach them at 835-9362 or find them at www.CarePiedmont.com.



IT'S TIME TO

PREPARE FOR

Scams of the elderly on the rise

By Tim Johnson

I received a phone call from my 80-year-old mother last week. She was distressed because she and my dad had been informed that their furnace had been "redtagged." They would not be able to use it this winter until it was repaired. The repairs were going to cost a minimum of \$5,000.

How did this happen? My parents received a postcard in the mail that offered a "Free Inspection of Your Air Conditioning and Heating System." My dad thought this would be a good idea.

The technician showed up and said there was a list of things that were wrong. He took pictures and "red-tagged" the furnace, warning that "The furnace was extremely dangerous and could not be used until it had been repaired."

Fortunately, my mother thought to ask for a report, copies of the pictures and a written estimate to be emailed to her. It's been over a week now and the report has not been sent. I told them I felt they had been victims of an attempted scam.

For those of us who are "internet savvy," we may have been able to do a bit of research with a few clicks and determine that the company was fraudulent. Crooks are constantly upping their game and discovering new ways to trap people.

Residents who live at The Lake Merritt – Independent Senior Living tell me that they are so happy not to have to deal with home maintenance anymore. They are free to pursue their personal interests and are relieved not to be concerned with painting, plumbing repairs and yard work, or having to deal with things that are grimy, heavy, or worse yet, requiring getting up on ladders.

Still, our residents are not immune from con artists. I've read that scammers are increasingly using phone calls and text messages to steal personal information which can put a person's financial accounts at risk. According to Kara Suro, Vice President of Fraud Surveillance and Investigations at Charles Schwab, "Criminals are doing their homework. They continue to find ways to trick people into providing information via phone or text."

As an example, a scammer will send a text message to the potential victim asking if he or she made a specific purchase. If



A Lake Merritt resident receives an unexpected alert.

the victim responds, "No," the fraudster follows up with a phone call claiming to be from where the alleged purchase was made or the victim's financial institution and asks for sensitive personal information.

Here are some ways to recognize scammers. They will often pretend to be from an organization you know or say they are contacting you on behalf of a government agency such as Medicare or the IRS. They may say there is a "problem" such as you owing money. There will be pressure to act immediately and they will tell you to pay in a specific way to eliminate the problem.

Here are ways everyone can use to avoid becoming a victim of a possible scam:

- 1. Block unwanted calls and text messages.
- 2. Don't give your personal or financial information in response to a request that you didn't expect.
- 3. Resist the pressure to act immediately.
- 4. Stop and talk to someone you

Unfortunately, older adults are the most frequent targets of fraud. Targets may be lonely, willing to listen and sometimes can be more trusting than younger individuals. Just keep your guard up and remember what you taught your children: "Be aware of strangers - they may not be looking out for your best interests. When in doubt, check it out!"

Tim Johnson is Executive Director of The Lake Merritt -Independent Senior Living, 1800 Madison Street in Oakland information, call 510-903-3600 or visit <u>www.thelakemerritt.com</u>.



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Parents & grandparents: learning to talk it out

By Cynthia Kane

One of the challenges in our lives is finding ways to communicate better with those around us. Effectively communicating our thoughts and feelings with our partner, our work colleagues, our friends and family, and even our neighbors, can be a challenge. What we can strive for is the honest expression of what's on our minds, and an openness to others' responses.

Grandparent caregivers have a particularly tough task. Every generation has its own vision of how children should be raised and nurtured, and in some families a clash between parenting styles can be deep.

A national organization, Zero To Three, has developed a useful tool for parents and grandparents to help establish good communication around the caregiving of grandchildren. Parents and grandparents can each take some time to write down their thoughts on the same questions about the child. For example:

- How I would describe (child's name) in ten words...
- What I love most about (child's
- What I find most challenging about caring for (child's name)...
- What upsets (child's name) most is..
- I think this is because...
- What I do to comfort (child's name) is...

After sharing and comparing notes on the answers to these questions, it's time to try to explore how to optimize the parent/grandparent relationship. Honestly answering questions like these below can move the conversation forward:

For grandparents:

Challenges I have in working with my adult child and their partner around taking care of my grandchild are...

 Challenges that I think my adult child and their partner may have with me are...

For parents:

- Challenges I have working with my parent around taking care of my child are...
- Challenges that I think my parent may have with me are...

After this exercise, spend some time together to use the information that you have shared about yourself as well as what you've learned from your child to support your grandchild. Be open to hearing feedback about yourself and remember that it is shared with a loving intention. Come up with some common goals and brainstorm what you and your adult child can do to reach these goals.

Solutions to overcoming some of these issues may become clear once everyone acknowledges that every family may encounter a few bumps while working together as a caring team. And grandparents, as you listen to the perspective of the young parents, keep reminding yourself: it's their turn.

Cynthia Kane is a board-certified, licensed genetic counselor with 25 years of clinical experience. A grandmother, Cynthia has a certificate in Grandfamily Leadership and is the founder of It's Their Turn, which provides counseling, support, and education for grandparents. Online Grandparent Groups are forming now. Her website, https://itstheirturn.com/, provides a wealth of information and resources for grandparents. Cynthia can be reached at cynthia@itstheirturn.



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Remembering 2020

Piedmont seniors venture back in time with visit to Pardee Home Museum

The following feature describes the Piedmont Seniors' last excursion before COVID-19 shut down their in-person programming in 2020.

On Thursday, March 12, 2020, a group of 10 members of the Piedmont Seniors took a stroll "back in time" on a guided tour of The Pardee Historic Home Museum, an enchanting gem of Victorian architecture in Oakland. This beautiful house and its picturesque grounds has been called the finest example of an Italiante villa surviving today. The Pardee Home Museum is unusual in that all the furnishings are unique to the Pardee family, and most all the rooms in the house are open to visitors.

The Pardee house was built in 1868 by Enoch Pardee, a gold rush immigrant from the Midwest to California, who subsequently practiced medicine in San Francisco and Oakland. He and his wife Mary had one child, George Pardee, who also became a physician, practicing with his father. Both Enoch and George served as Mayor of Oakland, and George was elected Governor of California in 1902. He became known as the "Earthquake Governor" and received universal praise for his remarkable leadership after the 1906 earthquake.

George Pardee was later elected a founding commissioner of the Port of Oakland and was also the founder and long-time President of the East Bay Municipal Utility District, which honored him with the naming of Pardee Dam, still a major source of water for the region.

George's wife, Helen, was one of the most prodigious collectors in California. She accumulated thousands of objects from all corners of the world: scrimshaw from Alaska, tobacco pipes from the Philippines; alter pieces from China and rosaries from Mexico. Her collections remain on view in the house today.

Two of George and Helen's four daughters died at early ages, but the surviving daughters lived in the house until their deaths. The Pardee Home Foundation was established by the will of the last daughter in 1981 to preserve the house and its furnishings as a home museum. The house is shown today as it evolved over the years, illustrating over a century of the lives of the Pardees.

Today, the Pardee Home is an Oakland City Landmark, a California Historical Landmark and is listed on the National Register of Historic Places.

After the guided tour, the Seniors enjoyed high tea in the main dining room, elegantly prepared by museum volunteers. It was the perfect ending to a delightful day.

CURRENT

After a long layoff, the Piedmont Seniors' will resume their regular in-person meetings at 10 a.m. on July 28 at the Piedmont Community Hall. For further information call the Piedmont Recreation Department at 510-420-3070.



By Cookie Segelstein

Computer tips and helpful suggestions, especially for people who are not entirely comfortable using their computers.

Dear MacMama:

I just got a MacBook Pro, and since I am not going into work, I have time to learn how to use it. I am coming from the PC world, so everything is different. Where do I start?

-Leslie G., Oakland

Dear Leslie:

Congrats on your new purchase, and luckily, there are many good sources that provide information on becoming comfortable on the Mac platform. You can find help with books, online print sources, and videos. Here are some of my favorite sources.

Books: I am still a page turning learner, and if I am learning something new, I like to sit with a highlighter and a book, and study like the old days! There are some excellent books on switching to Mac, whether you are a tech savvy user, or more of a beginner. The "For Dummies" series is

excellent, and there is a "Switching to a Mac for Dummies". Anything by David Pogue is great, although a bit more technical. One that I would strongly recommend is "macOS Catalina for Dummies" by Bob LeVitus. Also, the "for seniors" volumes are usually well written, specifically Mac OS Catalina for Seniors" by Scott La Counte. Be aware, that if these volumes are not current (2019 or later), the info might be

Websites: Apple itself has a web page devoted to folks who switched to Mac from PCs: https://support.apple.com/en-us/ HT204216 You can find lots of good info here. I also really like the "How to Geek": https://www. howtogeek.com/437168/how-toswitch-from-a-windows-pc-to-a-

Another good source is wired. com. If you do a Google search "switching from PC to Mac" there are countless links from established sites

Videos (YouTube): This is most likely your best bet. Anson Alexander has really good video series and his Mac tutorial for beginners is excellent: https://www.youtube.com/ watch?v=67keaaWOKzE

Another good video is by macmost.com, including a video on "Questions New Mac Owners Have When Switching from Windows": https://www.youtube.com/ watch?v=vau_4NpkEB8

Of course, there are plenty of videos by helpful pros, and if you just got a new mac, you can always call AppleCare with any questions: 1-800-275-2273.

I think you will find that there are many similarities, and the differences are mostly for power users. Of course, the file structure is different, and the user experience is also a bit different. If you are a photographer, artist or musician, you will appreciate the amount of software for you. And these days, the current version of Microsoft Office apps like Word and Excel are almost exactly the same on the Mac as PC. I would say, that within a month or so, you will feel like a pro.

This column was originally published on July 29, 2020.

Cookie Segelstein is the Macmama, an Apple Certified Service Professional that provides Apple computer consultation and trou bleshooting in your home and office. For more information, call 510-520-7760, email <u>cookie@the-</u> macmama.com, or visit her website at www.themacmama.com

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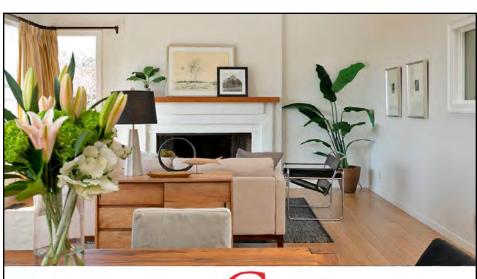
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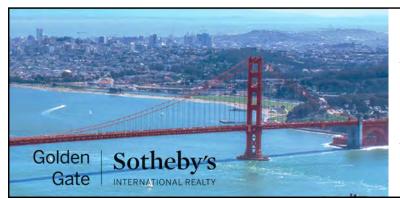


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How to reach City officials

Elected and appointed officials in Piedmont are directly available to residents by phone and by e-mail.

Piedmont City Council

Teddy King, Mayor 420-3048
tking@piedmont.ca.gov
Tim Rood, Vice Mayor 239-7663
trood@piedmont.ca.gov
Betsy Andersen 604-9864
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READ IT IN THE POST



Troop 15 Scouts in their dress uniforms at Camp Marin-Sierra's amphitheater.

Troop 15 celebrates summer with week at Emigrant Gap camp



Scouts from Piedmont's Troop 15 wait to take their swim test for summer camp at Chubb Lake at Camp Marin-Sierra near Emigrant Gap.



Ranger Patrol members Alex Chin and Randolph St. James cook dinner.

By Nate Woodley

Forty two Scouts from Piedmont Council's Troop 15 and four adults spent the week of July 11-17 at Camp Marin-Sierra near Emigrant Gap in Placer County. Senior Patrol Leader Jack Gross-Whitaker and his team

of Patrol Leaders led the Scouts through their first summer camp in two years. After more than a year of near isolation, it was a joy to be together playing in nature. They swam, canoed, kayaked, sculpted, practiced their archery, cooked, sang, and performed skits around nighttime campfires.



Members of the Handyman Clan Patrol practice moving their limbs through and around a bamboo pole - a sport called 'Gumby' at Camp Marin Sierra.



Stump Patrol leader Corbin Breeden reviews the meal plan with Thalay Visessonchoke, Evan Friedman and Callum Louch.



Troop 15 Scoutmaster Glen Tripp enjoys a scout's story.

Scout observations

Sky Sawicki: I have been to this camp three times, and I had the most fun this time.

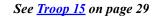
Ben Rogers: *My favorite* activity was working on merit badges with my friends, and my favorite meal was tacos. I liked that our patrol cooked all of our meals together, and that all of the patrols worked together.

Adam Slemmer: I learned how to take a bearing on a compass.

Randolph St. James: I learned to kayak.

Gabriel Barbosa-Topete: I liked that we had to be self-reliant – get ourselves to courses on time.

Lucian Fang-Ring: We kept fairly clean by swimming in the





Troop 15 Scouts concentrate as they fire arrows at targets.



Walden Pan lines up a shot on the archery range.

Troop 15

Continued from page 28

Nathan Fredericks: I learned the butterfly knot and lashed a lot of poles together to earn the Pioneering merit badge.

Alex Chin: Kayaking was fun. It was sad to leave; I wanted just one more day.

Danny King: I loved Camp. The lake is at a perfect temperature, and you can see underwater.

Zachary Sy: It was rewarding to help the energetic,

younger scouts.

Evan Friedman: My favorite activity was archery. I hadn't practiced it in a long time, and I found it extremely enjoyable. Our patrol was not only open to cooking meals, but wanted to.

Julian Procos: I volunteered to get up at 6am to be a spotter for swimmers.

Nate Scher: I liked how enthusiastic our Troop was, day and night.



7th-graders Ryan Wendel and Danny King trade perspectives.



Chubb Lake at sunset.



Jasper Tripp glides around Chubb Lake in a canoe.



Liam Bridgeman and Zade McDonald paddle kayaks on Chubb Lake.

A week of summer camp is like a month of normal life.

- Troop 15 Scoutmaster Glen Tripp

Adult observations

Assistant Scoutmaster Eric Downing: Of the 14 troops in Camp that week, Troop 15 was one of [only] three that enabled Scouts to cook their own meals

Assistant Scoutmaster Hugh Louch: I was impressed how several of our patrols worked together when we were short on fuel to get cooking and cleaning done.

Scoutmaster Glen Tripp: A week of summer camp is like a month of normal life. Each day has its ups and downs, challenges and wins, and conflicts and resolutions. Every challenge presents an opportunity to grow. In Scouts, strive for progress. Troop 15 chooses Camp Marin-Sierra partially because it's the only Scout camp in California that permits troops to cook for themselves. It's amazing to see our scouts prepping, cooking, and cleaning up for 15 straight meals.

Next up

Troop 15's next adventure is a backpacking trip in the Emigrant Wilderness on July 26-29. One month later, August 28-29, they'll be camping. Interested girls and boys ages 11-17 and their parents should contact Scoutmaster Glen Tripp at Glen@Galileo-Learning.com for details and more information.

Troop 15 will have an Open House for the community the evening of September 14.



Troop Guide Jasper Tripp (left), incoming Senior Patrol Leader Schuyler Sawicki, and outgoing Senior Patrol Leader Jack Gross-Whittaker.



Assistant Scoutmaster Eric Downing elicits oohs and aahs as he brings his freshly-baked peach upside-down cakes out of the Dutch ovens.



Ryan Wendel (left), Scoutmaster Glen Tripp, and Danny King share reflections of their Scouting experiences.



Troop 15 Scouts sit around an evening campfire as friends perform skits and tell jokes.



The Panda patrol, all 8th graders, prepare a meal.

Olympic Preview

Continued from page 13

national team rosters. Mexico notably has 17 of 19 U.S. born players and Canada has a roster filled with former U.S. collegiate athletes

The U.S. National Softball Team won silver in the 2008 Olympics in Beijing after a stunning 3-1 upset by Japan. 38-year old Cat Osterman and 35-year old Monica Abbott are the two remaining U.S. holdovers from that 2008 roster.

Softball games begin July 21, two days prior to the opening ceremony. The U.S. opens the six-nation group stage against Italy today at 8:00 p.m., face Canada on July 22, and Mexico on July 23. They play Australia on July 24, and Japan on July 25.

First- and second-place teams from the Group Stage will play the Gold Medal game on July 27, with the Bronze Medal match also the same day.



Skateboarding is among five sports making its Olympics debut.



Karate's kumite competition makes its Olympic debut.

Where to watch: NBC Sports, NBC Olympics.

New Sports

The 2020 Olympic Games features four new sports: skate-boarding, karate, sports climbing, and surfing.

- Skateboarding will have four medal runs; the men's street on July 24, women's street the following day on July 25; events return on August 3 for women's park and August 4 for men's park. Street courses feature the classic bowl, mini ramps, and platforms, while the park course is more dedicated to rails and level transitions
- **Surfing** competes from July 24-July 28 with a four-person structure. Four athletes will compete at any given time and the best two of each heat will continue to the next round. Each heat will run for 20 to 25 minutes, with their top two scores being used.
- Sports Climbing is all the rage, and the Millennials have gotten it accepted as an Olympic sport. Competition is from August 3-6 with the men's final on August 5 and women's final the next day.
- Karate competition goes from August 4-7 with medal fights on the final three days. August 5 is the individual kata women's finals, women's kumite 55kg, and men's kumite 61kg. August 6 features women's kumite 61kg and men's kumite 75kg.

"Kata" describes an individual performance judged on seven criteria: stances, techniques, transitional movements, timing, correct breathing, focus and conformance.

"Kumite" is a one-on-one 3-minute fighting competition by amassing eight points in the allotted time.

Where to watch: NBC Sports, NBC Olympics, USA (karate).



Surfing will be introduced to the Olympics at Shidashita Beach 40 miles from Tokyo.

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Tour de France

Continued from page 14

Cavendish at 34 stage wins

England's Mark Cavendish won his first Green Jersey for points classification since 2011. His four wins of Stages 4, 6, 10, and 13 brought his individual stage wins at the Grand Tour to 34 overall, tied with Belgian-great Eddie Merckx.

"Ten years later, again with the green jersey, it's fantastic, it feels like getting younger. I'm back. It's a dream. The support of the public has been incredible during all the Tour de France. Coming back to Paris is an honour," said Cavendish.

Cavendish nearly retired from cycling after being unable to secure a world tour contract but returned to Deceuninck-Quick Step for the 2021 season. He was called to be the team's lead sprinter after teammate Sam Bennett suffered a training injury.

Cavendish narrowly missed out on the 35th individual stage win victory in Stage 21's final stage on the Champs-Elysées, placing third behind Van Aert and Jasper Philpsen (Alpecin-Felix)

Correction

The *Post* has committed an embarrassing oversight when identifying Pogacar, a proud Slovenian, as a Croatian in previous stories of this year's Tour de France. We apologize for the error

Here is the final top 10 in General Classification:

1. Tadej Pogacar (UAE Emirates)	82:56.36
2. Jonas Vingegaard (Jumbo – Visma)	+5:20
3. Richard Carapaz (INEOS)	+7:03
4. Ben O'Connor (AG2R Citroen Team)	+10:02
5. Wilco Keldermann (Bora – Hansgrohe)	+10:13
6. Enric Mas (Movistar Team)	+11:43
7. Alexey Lutsenko (Astana – Premier Tech)	+12:23
8. Guillaume Martin (Cofidis)	+15:33
9. Peio Bilbao (Bahrain Victorious)	+16:04
10. Rigoberto Uran (EF Education – Nippo)	+18:34

Gold Cup

Continued from page 14

ada, a harder match to predict with Costa Rica ranked No. 50 and Canada at No. 70.

Canada has lost some offensive power with Alphonso Davies and Jonathan David, so we're picking Costa Rica. Costa Rica and Canada play Sunday, July 25 at 4:00 p.m.

Posts' Prediction: Costa Rica wins 1-0

Group D was won by Qatar, the invitee from the Asian Conference of FIFA which is set to host the 2022 World Cup. Qatar upset Honduras 2-0 on Tuesday, July 20. In what could be the most entertaining match of the quarterfinals.

The team from the Middle East is set to play El Salvador. Qatar has played well and they like to play on the front foot. El Salvador had good moments against Mexico, but Qatar's possession style could get the job done.

Qatar and El Salvador play Saturday, July 24 at 4:30 p.m.

Post's Prediction: Qatar wins 3-2



Photo courtesy of CONCACAF.com

Qatar (pictured) and El Salvador on July 24 arguably provide the best match in the Gold Cup Quarterfinals.

PPD Blue

Continued from page 9

Thursday, July 15

12:52 a.m. Estate Rd. Resident reports receiving strange Facetime call, then internet. Motion sensor lights and security system go down 20 minutes later. Resident hears shuffling noise outside. Officer on scene finds no one in area.

3:01 a.m. Oakland Ave. ALPR triggered by 2014 Honda SUV with plate stolen from Mountain

9:20 a.m. Selborne Ave. Report of gas-powered leaf blower.

11:25 p.m. Oakmont Ave. **Hit & Run.** Resident hears a crunching sound. Security camera shows vehicle backing into resident's car. Resident believes the same car was involved in theft of neighbor's car.

Friday, July 16

5:29 a.m. Linda Ave. **ALPR** triggered by 1986 Toyota pickup truck stolen from Oakland.

11:42 a.m. El Cerrito. **Residential Theft.** Report of package of groceries stolen off front porch.

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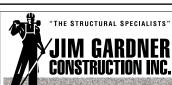
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Filoli House

Continued from page 22

Lurline Roth passed away in 1976, and her wish was to donate Filoli so that it could be open to the public. In 1977, the estate was given to the National Trust for Historic Preservation. The site is both a California Historical Landmark and is listed on the National Register of Historic Places.

"Lurline's wish was that Filoli would be a cultural center for the Bay Area," O'Sullivan explained.

The weekly Thursday evening events feature live music by the pool, a pop-up wine and cocktail stand, and a food truck. On a recent visit, some visitors

were happily nestled on blankets, while others explored the Estate Trail, a one-mile self-guided walk through Filoli's Nature Preserve. While on the trail it is not uncommon to view a family of deer or a gaggle of turkeys among the trail's five distinct and native ecosystems.

A team of 14 horticulturalists work throughout the year to maintain the estate acres and foliage.

"Their work is never done," O'Sullivan confirmed with a smile. "Even during our two-month closure last year [due to shelter-in-place restrictions], our team of horticulturists were here

working to maintain the gardens, hedges, and orchards."

Throughout the pandemic, many arts organizations have been forced to provide digital offerings. O'Sullivan said that membership numbers at Filoli actually grew in 2020 - and she attributes that to the tranquil nature of the space, and the growing desires to appreciate the organic beauty of Northern California. Filoli is about a one-hour drive from the East Bay, and few could argue against the notion that the unique, natural beauty of the estate makes the trip worthwhile.

To learn more about "Summer Nights" at Filoli, and to schedule a visit, see: https://filoli.org/summer-nights/.



Basketball Camp

dribbler eliminated becomes a

bulldog until only one player

ited when Camp Coach Taj Phil-

lips gets involved and tries to

break through the entire camp of

fun to work with them. Quaran-

tine has definitely brought out

a lot of energy; they have been

bunched up for a year. It's really

good to see them get out here to

"The kids are great. It's really

Bulldog gets especially spir-

Continued from page 14

remains.

20 defenders.

Basketball players ages 6-12 line up to play a game of "Pressure," a free throw game where there will only be one champion at the end.

unleash their energy and have fun during the summer," said Phillips.

The drills move on to shooting games like "Pressure", where all the kids line up to take a free throw. If the person in front of you makes the shot then you are "under pressure" and have to make it or else you are eliminated

Space is still open for the last session of basketball camp starting next week.



Lucas Olson (right) plays tough defense on friend Max Weinrieb, 2nd grade, during a game of "Bulldog".



A swarming defensive strategy is necessary to steal the ball from Coach Taj Phillips.



The Sunken Garden is an iconic fixture at Filoli, and perhaps its most recognizable. It serves as a centerpiece in the English Renaissance-style garden that features lush flower beds and yew-lined pathways.



The Estate Trail, a one-mile, self-guided hike on the property, loops through five distinct ecosystems.



Deer are a common sighting on the Estate Trail.

2021 Calendar of Events

July 21 - July 28

Meetings are conducted virtually with Zoom technology and may be viewed on KCOM (Channel 27) and on the City's website: piedmont.ca.gov.

Wednesday, July 21

7:30 p.m. Recreation Commission meeting.......Virtual meeting via Zoom

*Thursday, July 22**

5:30 p.m. Public Safety CommitteeVirtual meeting via Zoom

5:30 p.m. Pedestrian & Bicycle Advisory Committee Virtual meeting via Zoom

Wednesday, July 28

4 p.m. Police & Fire Pension Board Virtual meeting via Zoom

Where in the World Are We?



Under the careful protection of Fluffa, their fierce watchdog, the Edel family patrolled the trails and beaches while on vacation at St. Orres in Gualala. Pictured are Larissa (left), Audrey with Fluffa, Anastasia, and Misha, a family that never leaves home without the *Post*.

Send your photos of the Post in the far corners of the world, or of other communities named Piedmont, to: WITWAW, 1139 Oakland Ave., Piedmont, 94611.